

## Coaches:

- Katharine Curtis
- Rodney Stickles

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Aug 28, 2023	Mon	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Aug 29, 2023	Tue	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Aug 30, 2023	Wed	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Aug 31, 2023	Thu	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Sep 1, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Sep 5, 2023	Tue	Regular Season	Maple Hill, TBD	4:15 PM		Cross Country Course (Chatham HS)		L
POSTPONED Sep 6, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 7, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 8, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 11, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 12, 2023	Tue	Regular Season	Cairo-Durham @ Windham-Ashland- Jewitt	4:15 PM		TBD	Departure Point: HS Departure Time: 2:50 PM	L
Sep 13, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 14, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 15, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 18, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 19, 2023	Tue	Regular Season	Hawthorne Valley @ Taconic Hills	4:15 PM		Roeliff Jansen Park	Departure Point: HS Departure Time: 2:50 PM	L
Sep 20, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 21, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 22, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 23, 2023	Sat	Regular Season (Queensbury Invite)	@ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 AM	L
Sep 25, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 26, 2023	Tue	Regular Season	Catskill	4:15 PM		Cross Country Course (Chatham HS)	Departure Point: HS Departure Time: 2:50 PM	L
Sep 27, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 28, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 29, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 2, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Oct 3, 2023	Tue	Regular Season	Coxsackie-Athens, Hunter-Tannersville	4:15 PM		Cross Country Course (Chatham HS)		L
Oct 4, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 5, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 6, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 6, 2023	Fri	Regular Season (Kiwanis Glover Invitational)	@ Maple Hill	4:00 PM		MHHS Cross Country Course	<b>Departure Time:</b> 7:30 AM	NL
Oct 10, 2023	Tue	Regular Season	Rensselaer	4:15 PM		Cross Country Course (Chatham HS)	Departure Point: HS Departure Time: 2:50 PM	L
Oct 11, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 12, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 13, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	@ Burnt Hills- Ballston Lake HS	9:15 AM		Saratoga Spa State Park	<b>Departure Time:</b> 8:45 AM	NL
Oct 16, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Oct 17, 2023	Tue	Regular Season	Greenville, Germantown	4:15 PM		Cross Country Course (Chatham HS)		L
Oct 18, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 19, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 20, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 23, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		

DATE	WEE! DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START EN	ID LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 24, 2023	Tue	Regular Season (Patroon Championships)	Taconic Hills, Maple Hill, Rensselaer, Catskill, Coxsackie-Athens, Cairo-Durham, Windham-Ashland-Jewitt, Hunter-Tannersville, Hawthorne Valley, Greenville, Germantown @ TBD	3:30 PM	Schodack Island State Park	Departure Point: HS Departure Time: 2:50 PM	L
Nov 4, 2023	Sat	Post-Season (Sectionals )	@ TBD	12:30 PM	Queensbury HS	<b>Departure Time:</b> 8:30 AM	NL

Date: 2025-12-06