

## Coaches:

- Katharine Curtis
- Rodney Stickles

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	AM	Chatham HS Track		
Aug 24, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 26, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 29, 2022	Mon	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 30, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Aug 31, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Sep 1, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
Sep 2, 2022	Fri	Practice	N/A	8:00 AM	10:00 AM	Chatham HS Track		
POSTPONED Sep 6, 2022	Tue	Regular Season	TBD	4:15 PM		Cross Country Course (Chatham HS)		L
Sep 7, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 8, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 9, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 12, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 14, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 14, 2022	Wed	Regular Season	@ Maple Hill	4:15 PM		MHHS Cross Country Course	<b>Departure Time:</b> 2:50 PM	L
Sep 15, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 16, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Ballston Spa High School, Schuylerville, Christian Brothers Academy, Albany, Niskayuna High School, Monroe- Woodbury, Saratoga Springs High School, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie- Athens, Glens Falls, Chittenango, Granville (Granville- Whitehall-Hartford), Shaker High School, Remsen (Remsen), Roy C Ketcham/ Wappingers JHS, North Warren, Albany High School, Maple Hill, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 17, 2022	Sat	Regular Season	@ Queensbury	9:15 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 AM	L
Sep 17, 2022	Sat	Regular Season	@ Queensbury	9:15 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 AM	L
Sep 19, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 20, 2022	Tue	Regular Season	Hunter-Tannersville @ Catskill	4:15 PM		TBD	<b>Departure Time:</b> 2:50 PM	L
Sep 21, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 22, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 23, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 26, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Sep 27, 2022	Tue	Regular Season	Loudonville Christian, Rensselaer	4:15 PM		Cross Country Course (Chatham HS)		L
Sep 28, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 29, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Sep 30, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 3, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Oct 4, 2022	Tue	Regular Season	Hawthorne Valley @ Taconic Hills	4:15 PM		Roeliff Jansen Park	<b>Departure Time:</b> 2:50 PM	L
Oct 5, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 6, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 7, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 8, 2022	Sat	Regular Season	@ Maple Hill	9:00 AM		MHHS Cross Country Course	<b>Departure Time:</b> 7:30 AM	NL
Oct 11, 2022	Tue	Regular Season	Cairo-Durham @ Windham-Ashland- Jewitt	4:15 PM		TBD	<b>Departure Time:</b> 2:50 PM	L
Oct 12, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 13, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 14, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	Chatham HS Track		
Oct 15, 2022	Sat	Regular Season	@ Burnt Hills-Ballston Lake HS	9:15 AM		Saratoga Spa State Park		NL
Oct 15, 2022	Sat	Regular Season (Invitational)	@ Greenwich	4:00 PM		Spa State Park XC for SCC	<b>Departure Time:</b> 1:45 PM	NL
Oct 17, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Chatham HS Track		
Oct 18, 2022	Tue	Regular Season	Greenville @ Coxsackie-Athens	4:15 PM		Coxsackie- Athens HS	<b>Departure Time:</b> 2:50 PM	L
Oct 25, 2022	Tue	Regular Season (Patroon Championships)	Taconic Hills, Cairo- Durham, Coxsackie- Athens, Catskill, Hawthorne Valley, Loudonville Christian, Rensselaer, Hunter- Tannersville, Windham-Ashland- Jewitt, Greenville @ Maple Hill	4:00 PM		MHHS Cross Country Course	<b>Departure Time:</b> 2:15 PM	L

Date: 2025-12-06