

Coaches:

- Rodney Stickles
- Katharine Curtis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course (Chatham HS)		
Aug 27, 2024	Tue	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course (Chatham HS)		
Aug 28, 2024	Wed	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course (Chatham HS)		
Aug 29, 2024	Thu	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course (Chatham HS)		
Aug 30, 2024	Fri	Practice	N/A	8:00 AM	10:00 AM	Cross Country Course (Chatham HS)		
Sep 3, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 4, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 5, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 6, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Sep 9, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 10, 2024	Tue	Regular Season	Maple Hill	4:15 PM		Cross Country Course (Chatham HS)	Departure Point: HS Departure Time: 2:50 PM	L
Sep 11, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 12, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 13, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Sep 14, 2024	Sat	Regular Season (Invitational)	@ Queensbury	10:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 7:30 AM	NL
Sep 16, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 17, 2024	Tue	Regular Season	Cairo-Durham, Windham-Ashland- Jewitt	4:30 PM		Cross Country Course (Chatham HS)		L
Sep 18, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 19, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 20, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Sep 23, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 24, 2024	Tue	Regular Season	Hawthorne Valley, Taconic Hills	4:30 PM		Cross Country Course (Chatham HS)		L
Sep 25, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 26, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Sep 27, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Sep 30, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 1, 2024	Tue	Regular Season	Catskill @ Hudson	4:30 PM		HS Cross Country Course	Departure Point: HS Departure Time: 2:50 PM	L
Oct 2, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 3, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 4, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Oct 7, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 8, 2024	Tue	Regular Season	Coxsackie-Athens @ Hunter-Tannersville	4:30 PM		TBD	Departure Point: HS Departure Time: 2:50 PM	L
Oct 9, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 10, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 11, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Time: 9:00 AM	NL
Oct 15, 2024	Tue	Regular Season	Rensselaer	4:30 PM		Cross Country Course (Chatham HS)		L
Oct 16, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		

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Oct 17, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 18, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Oct 21, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 22, 2024	Tue	Regular Season	@ Greenville	4:30 PM		Greenville HS Course Country Course	Departure Point: HS Departure Time: 2:50 PM	L
Oct 23, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 24, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 25, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course (Chatham HS)		
Oct 28, 2024	Mon	Practice	N/A	3:45 PM	5:00 PM	Cross Country Course (Chatham HS)		
Oct 29, 2024	Tue	Regular Season	Hudson, Cairo- Durham, Catskill, Coxsackie-Athens, Rensselaer, Windham- Ashland-Jewitt, Hunter- Tannersville, Greenville, Hawthorne Valley, Maple Hill, Taconic Hills @ TBD	4:00 PM		Schodack Island State Park		L

Date: 2025-12-19