

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------|-------------------------|----------------|---------------------|
| Dec 7, 2023 | Thu | Regular Season | Maple Hill @ Catskill | 6:00 PM | | Catskill HS | | L |
| Dec 10, 2023 | Sun | Regular Season | @ Ravena-Coeymans | 8:00 AM | 2:00 PM | Ravena-Coeymans HS | | NL |
| POSTPONED Dec 14, 2023 | Thu | Regular Season | Catskill @ Rensselaer | 6:00 PM | | High School Main Gym | | L |
| Dec 19, 2023 | Tue | Regular Season | @ Mechanicville (Mechanicville/Stillwater) | 6:00 PM | 8:00 PM | Mechanicville HS Gym | | NL |
| Dec 21, 2023 | Thu | Regular Season | Greenville | 6:00 PM | | High School Gym | | L |
| Dec 28, 2023 | Thu | Regular Season | @ Coxsackie-Athens | 9:00 AM | | High School Gym | | NL |
| Jan 4, 2024 | Thu | Regular Season | Coxsackie-Athens, Catskill | 6:00 PM | 8:00 PM | High School Gym | | L |
| Jan 6, 2024 | Sat | Regular Season | @ Colonie High School | 8:00 AM | 2:00 PM | Colonie High School PIT | | NL |
| Jan 11, 2024 | Thu | Regular Season | Catskill, Berlin (Berlin-New Lebanon) @ Taconic Hills | 6:00 PM | | HS Gym | | L |
| Jan 13, 2024 | Sat | Regular Season | @ Maple Hill | 9:00 AM | | MHHS Gym | | L |
| Jan 18, 2024 | Thu | Regular Season | Watervliet @ Catskill | 6:00 PM | | Catskill HS | | L |
| Jan 20, 2024 | Sat | Regular Season (Dames and Devils Wrestling Tournament) | Niskayuna High School, Hadley-Luzerne (Coed), Maple Hill, Holland Patent, Hoosick Falls, TBD, Christian Brothers Academy, Albany, Pawling, Liberty, Fayetteville-Manlius, Tamarac, Watervliet @ Columbia High School | 9:30 AM | 6:00 PM | Columbia H.S. | | NL |
| Jan 25, 2024 | Thu | Regular Season | @ Watervliet | 6:00 PM | 8:00 PM | Harry Tucker Gymnasium | | L |

Date: 2024-05-06