



Liz Conrad

DATE	WEEK	TYPE	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 5, 2023	Tue	Regular Season	@ Rensselaer	4:15 PM	Cross Country Course		L
Sep 12, 2023	Tue	Regular Season	Hudson, Germantown @ Greenville	4:15 PM	Greenville HS Course Country Course		L
Sep 26, 2023	Tue	Regular Season	@ Chatham	4:15 PM	Cross Country Course (Chatham HS)		L
Oct 3, 2023	Tue	Regular Season	Hudson, Taconic Hills @ Hawthorne Valley	4:15 PM	Hawthorne Valley School		L
Oct 10, 2023	Tue	Regular Season	Hudson, Cairo-Durham @ Windham-Ashland- Jewitt	4:00 PM	W-A-J School		L
Oct 17, 2023	Tue	Regular Season	Coxsackie-Athens, Hunter-Tannersville @ Hudson	4:15 PM	HS Cross Country Course		L
Oct 19, 2023	Thu	Regular Season (Greene County Cup)	Windham-Ashland- , Jewitt, Cairo-Durham @ Coxsackie-Athens	4:15 PM	Coxsackie- Athens HS		L

Date: 2025-12-10