Liz Conrad



DATE	WEEK DAY	TYPE	OPPONENTS	START E	END TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2019	Tue	Regular Season	Cairo-Durham @ Maple Hill	TBD	MHHS Cross Country Course		L
Sep 24, 2019	Tue	Regular Season	Chatham @ Hudson	4:15 PM	HS Cross Country Course		L
Oct 8, 2019	Tue	Regular Season	Greenville	4:15 PM	Catskill HS		L
Oct 12, 2019	Sat	Regular Season (Glover Invitational - Maple Hill HS)	Rensselaer, Albany High School, Ravena-Coeymans @ Maple Hill	9:30 AM	MHHS Cross Country Course		NL
Oct 15, 2019	Tue	Regular Season	Rensselaer, Windham-Ashland- Jewitt, Hawthorne Valley	4:00 PM	Catskill HS		L
Oct 22, 2019	Tue	Regular Season (Patroon Conference Championships at Schodack Island State Park)	Rensselaer, Cairo- Durham, Windham- Ashland-Jewitt, Greenville, Hunter- Tannersville, TBD, Chatham, TBD, Hudson, Hawthorne Valley @ Maple Hill	4:00 PM	Schodack Island State Park		L
Oct 25, 2019	Fri	Regular Season (@ Greene County Championships)	Greenville, Hunter- Tannersville, Windham-Ashland- Jewitt, TBD @ Cairo- Durham	4:15 PM	Track		L

Date: 2025-12-18