



South Glens Falls

(B) V Winter Track

Coaches:

- Thomas Hansen, Head Coach
- Thomas Myott, Asst Coach
- Maria Whitney
- Steve Nofle
- Paul Stoutenger

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2023	Sun	Regular Season (Meet 1)	@ TBD	3:00 PM	8:30 PM	Union College		L
Dec 10, 2023	Sun	Regular Season (Meet 2)	@ TBD	3:00 PM	8:30 PM	HVCC		L
Dec 17, 2023	Sun	Regular Season (Meet 3)	@ TBD	3:00 PM	8:30 PM	Union College		L
Dec 27, 2023	Wed	Regular Season (Meet 4)	@ TBD	3:00 PM	8:30 PM	HVCC		L
Jan 6, 2024	Sat	Regular Season (Dartmouth Relays)	@ TBD	TBD		TBD		NL
Jan 13, 2024	Sat	Regular Season (Meet 5)	@ TBD	8:00 AM	2:30 PM	CBA, Albany		L
CANCELLED Jan 20, 2024	Sat	Regular Season (Meet 6)	@ TBD	3:00 PM	8:30 PM	CBA, Albany		L
Jan 21, 2024	Sun	Post-Season (Foothills Championship)	@ TBD	8:00 AM	2:30 PM	Union College		L
Jan 24, 2024	Wed	Post-Season (Foothills Throwing Championship)	TBD	6:00 PM	8:30 PM	SGFHS - Blue Gymnasium		L
Jan 28, 2024	Sun	Post-Season (Sectionals - DII)	@ TBD	8:00 AM	1:30 PM	Union College		NL
Feb 3, 2024	Sat	Post-Season (Sectionals - Shot Put/Weight Throw)	@ TBD	1:00 PM	5:00 PM	Shenendehowa HS		NL
Feb 10, 2024	Sat	Post-Season (State Qualifier)	@ TBD	8:00 AM		HVCC		NL
Feb 18, 2024	Sun	Post-Season (State Qualifier - Shot Put/ Weight Throw)	@ TBD	8:30 AM		TBD		NL

Date: 2026-01-26