

Coaches:

- Maria Whitney, Head Coach
- Thomas Myott, Asst Coach
- Steve Noftle, Asst Coach
- Thomas Hansen

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START END TIME TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|------------------------|--|----------------|----------------------------|
| Sep 14, 2019 | Sat | Meet (Queensbury XC Invitational) | Vs. Multiple | 9:00 AM | Queensbury HS, Trails @ Elem. School | | NL |
| Sep 17, 2019 | Tue | Regular Season | @ Queensbury | 4:15 PM | Queensbury HS, Trails @ Elem. School | | L |
| Sep 21, 2019 | Sat | Regular Season (Pre-state Invitational @ SUNY Plattsburgh) | @ TBD | 9:00 AM | TBD | | L |
| Sep 24, 2019 | Tue | Regular Season | @ Schuylerville | 4:15 PM | Hudson Crossing Park | | L |
| Sep 28, 2019 | Sat | Regular Season (7th Annual XC KDawg - Killian Invitational) | Hudson Falls, Hoosic Valley, Hadley-Luzerne (Corinth/Hadley Luzerne), Schuylerville, Lake George, Amsterdam | 9:00 AM | Moreau Recreational Park | | NL |
| Oct 1, 2019 | Tue | Regular Season | Glens Falls | 4:15 PM | Moreau Recreational Park | | L |
| Oct 8, 2019 | Tue | Regular Season | Hudson Falls | 4:15 PM | Moreau Recreational Park | | L |
| Oct 12, 2019 | Sat | Regular Season (Burnt Hills-Ballston Lake Invitational) | Dolgeville, Schuylerville, Greenville, Hadley- Luzerne (Corinth/Hadley Luzerne), Corinth (Corinth/Hadley Luzerne), Amsterdam, Oneonta, Niskayuna High School, Ballston Spa High School, Saratoga Central Catholic, Johnstown, Stillwater, Lake George, Scotia- Glenville, Broadalbin-Perth, Granville (Granville- Whitehall-Hartford), Chittenango, Shaker High School @ Burnt Hills-Ballston Lake HS | 9:00 AM | Saratoga Spa State Park | | NL |

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|--------------------------|------------------|---|--|------------------------|----------------------------|----------------|----------------------------|
| Oct 21, 2019 | Mon | Regular Season (Foothills Council XC Championships) | Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Johnstown, Queensbury, Scotia- Glenville, Schuylerville @ Hudson Falls | 3:00 PM | Saratoga State Park | | L |
| POSTPONED Nov 1, 2019 | ^V Fri | Regular Season (Section II Championship) | @ TBD | 11:00 AM | Saratoga Spa State Park | | NL |

Date: 2024-05-07