



South Glens Falls

(B) V Cross Country

Coaches:

- Maria Whitney, Head Coach
- Thomas Myott, Asst Coach
- Steve Nofle, Asst Coach
- Thomas Hansen

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2018	Sat	Regular Season (Niskayuna XC Ekiden)	@ TBD	9:00 AM		Iroquois Middle School	Bus/Driver: S Glens Falls	Departure Time: 6:45 AM	NL
Sep 11, 2018	Tue	Regular Season	Queensbury	4:30 PM		Moreau Recreational Park	Bus/Driver: S Glens Falls	Departure Time: 3:00 PM	L
Sep 15, 2018	Sat	Meet (Adk XC Classic Invy)	Vs. Multiple	9:00 AM		Queensbury HS, Trails @ Elem. School	Bus/Driver: SGF Transportation	Departure Time: 7:15 AM	NL
Sep 18, 2018	Tue	Regular Season	Schuylerville	4:30 PM		Moreau Recreational Park	Bus/Driver: S Glens Falls	Departure Time: 3:00 PM	L
Sep 25, 2018	Tue	Regular Season	@ Glens Falls	4:30 PM		Coles Woods	Bus/Driver: S Glens Falls	Departure Time: 3:00 PM	L
Sep 29, 2018	Sat	Meet (6th Annual South Glens Falls John Killian "K-DAWG" Memorial XC Invitational)	Vs. Multiple	9:00 AM		Moreau Recreational Park			NL
Sep 29, 2018	Sat	Regular Season (South Glens Falls Memorial XC Invy)	Guilderland High School	9:00 AM	1:00 PM	Moreau Recreational Park			NL
Sep 29, 2018	Sat	Regular Season (South Glens Falls John Killian "K-DAWG" Memorial XC Invitational)	Hudson Falls	9:00 AM		Moreau Recreational Park			NL
Sep 29, 2018	Sat	Regular Season (Invy is at Moreau Recreational Park)	Albany High School	9:00 AM		TBD			NL
Oct 3, 2018	Wed	Regular Season	@ Hudson Falls	3:45 PM		Hudson Falls HS	Bus/Driver: S Glens Falls		L
Oct 13, 2018	Sat	Regular Season (Burnt Hills Cross Country Invitational)	@ TBD	9:15 AM		Saratoga Spa State Park			NL
Oct 22, 2018	Mon	Meet (Foothills Championship)	Vs. Multiple	3:00 PM		Saratoga Spa State Park			NL

Date: 2026-01-31