



# South Glens Falls

## (G) V Cross Country

### Coaches:

- Maria Whitney, Head Coach
- Steve Nofle, Asst Coach
- Thomas Myott, Asst Coach
- Thomas Hansen
- Kaitlyn Hansen

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Hudson Falls, Glens Falls @ Schuylerville	4:15 PM		Hudson Crossing Park		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational )	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, Schenectady High School, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall), Shaker High School, Roy C Ketcham/ Wappingers JHS, Remsen (Remsen/Town of Webb), Amsterdam, John Jay HS/ Van Wyck JHS, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 20, 2022	Tue	Regular Season	Hudson Falls, Queensbury, Glens Falls	4:30 PM		Moreau Recreational Park		L
Sep 24, 2022	Sat	Regular Season (9th Annual South Glens Falls John Killian "K-DAWG" Memorial XC Invitational)	Schuylerville	9:00 AM		Moreau Recreational Park		L
Sep 24, 2022	Sat	Regular Season	Hadley-Luzerne (Corinth/Hadley Luzerne)	9:00 AM		Moreau Recreational Park		NL
Oct 4, 2022	Tue	Regular Season	Schuylerville, Queensbury @ Glens Falls	4:30 PM		Coles Woods		L
Oct 11, 2022	Tue	Regular Season	Queensbury, Schuylerville @ Hudson Falls	4:30 PM		Hudson Falls HS		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, Oneonta, Saratoga Springs High School, Granville (Granville-Whitehall), Shaker High School, Schuylerville, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		L
CANCELLED Oct 15, 2022	Sat	Regular Season (Burnt Hills Invite)	Oneonta @ TBD	9:00 AM		Saratoga Spa State Park		NL
Oct 24, 2022	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Hudson Falls, Scotia-Glenville, Schuylerville @ Queensbury	3:00 PM		Queensbury HS, Trails @ Elem. School		L
Nov 5, 2022	Sat	Post-Season (Section 2 Championship)	@ TBD	10:30 AM	1:00 PM	Queensbury HS		NL

Date: 2023-09-26