



South Glens Falls

(G) V Cross Country

Coaches:

- Maria Whitney, Head Coach
- Steve Noftle, Asst Coach
- Thomas Myott, Asst Coach
- Thomas Hansen
- Kaitlyn Duda (Hansen)

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--------------------------------------|-----------------------------|
| Sep 14, 2019 | Sat | Meet (Queensbury XC Invitational) | Vs. Multiple | 9:00 AM | | Queensbury HS, Trails @ Elem. School | NL |
| Sep 17, 2019 | Tue | Regular Season | @ Queensbury | 4:15 PM | | Queensbury HS, Trails @ Elem. School | L |
| Sep 21, 2019 | Sat | Regular Season (Pre-state Invitational @ SUNY Plattsburgh) | @ TBD | 9:00 AM | | TBD | NL |
| Sep 24, 2019 | Tue | Regular Season | @ Schuylerville | 4:15 PM | | Hudson Crossing Park | L |
| Sep 28, 2019 | Sat | Regular Season (7th Annual XC KDawg - Killian Invitational) | Hadley-Luzerne (Corinth/Hadley Luzerne), Amsterdam, Schuylerville, Lake George, Hoosic Valley, Hudson Falls | 9:00 AM | | Moreau Recreational Park | NL |
| Oct 1, 2019 | Tue | Regular Season | Glens Falls | 4:15 PM | | Moreau Recreational Park | L |
| Oct 8, 2019 | Tue | Regular Season | Hudson Falls | 4:15 PM | | Moreau Recreational Park | L |
| Oct 12, 2019 | Sat | Regular Season (Burnt Hills-Ballston Lake Invitational) | Dolgeville, Schuylerville, Greenville, Hadley-Luzerne (Corinth/Hadley Luzerne), Corinth (Corinth/Hadley Luzerne), Amsterdam, Ballston Spa High School, Saratoga Springs High School, Niskayuna High School, Granville (Granville-Whitehall-Hartford), Stillwater, Colonie High School, Broadalbin-Perth, Johnstown, Lake George, Chittenango @ Burnt Hills-Ballston Lake HS | 9:00 AM | | Saratoga Spa State Park | NL |
| Oct 21, 2019 | Mon | Regular Season (Foothills Council XC Championships) | Schuylerville, Scotia-Glenville, Queensbury, Johnstown, Gloversville, Glens Falls, Broadalbin-Perth, Amsterdam @ Hudson Falls | 3:00 PM | | Saratoga State Park | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|-----------|------------|----------|-------------------------|----------------|---------------------|
| POSTPONED Nov 1, 2019 | Fri | Regular Season (Section II Championship) | @ TBD | TBD | | Saratoga Spa State Park | | NL |

Date: 2026-01-21