

Coaches:

- Josh Culora
- Steven Rumfelt

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| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
| Dec 9, 2023 | Sat | Regular Season (Dual Meet invitational) | @ Duanesburg | 7:00 AM | | Duanesburg M/HS | | L |
| Dec 16, 2023 | Sat | Regular Season (TC Memorial Tournament) | @ Hudson Falls | 7:00 AM | | Hudson Falls HS | | L |
| Dec 28, 2023 | Thu | Regular Season (Dual Meet Tournament 2023) | @ Schalmont | 7:00 AM | | Schalmont HS | | L |
| Jan 3, 2024 | Wed | Regular Season | Schuylerville (Schuylerville/Greenwich), South Glens Falls, Hadley-Luzerne (Coed) @ Queensbury | 5:00 PM | | Queensbury HS, Blue Gym | | L |
| Jan 6, 2024 | Sat | Regular Season (2024 Saratoga Invitational) | @ Saratoga Springs High School | 7:00 AM | | Saratoga Springs High School | | L |
| Jan 11, 2024 | Thu | Regular Season | @ Amsterdam (Amsterdam/Broadalbin- Perth) | 6:00 PM | | Lynch Middle School Gym | | L |
| Jan 13, 2024 | Sat | Regular Season (2024 Schenectady Invitational) | @ TBD | 7:30 AM | | Pat Riley Sports Center- Main Gym | | L |
| Jan 20, 2024 | Sat | Regular Season (Dominick K. Duals Meet 2024 Invitational tournament) | @ Duanesburg | 7:00 AM | | Duanesburg M/HS | | L |
| Feb 3, 2024 | Sat | Post-Season (Section 2 Class B Championships) | Burnt Hills-Ballston Lake HS, Averill Park High School, Christian Brothers Academy, Albany, Mohonasen, Queensbury, South Glens Falls, Watervliet, Cohoes, Heatly, Amsterdam (Amsterdam/Broadalbin- Perth) @ Columbia High School | 9:30 AM | | Goff Middle School | | NL |

Date: 2024-05-21