

Coaches:

- Paul Allison, Head Coach
- Matt Flint, Asst Coach
- Chris Frielinghaus, Volunteer

DATE	WEEI DAY	K TYPE	OPPONENTS	START E	END TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 28, 2019	Sat	Regular Season (Queensbury Relays)	Scotia-Glenville	10:00 AM	North Creek Ski Bowl	Departure Point: Back of HS Departure Time: 7:30 AM Return Date: Return Time: 12:00 PM	NL
Jan 2, 2020	Thu	Regular Season (Saratoga/Shen Invitational)	Saratoga Springs High School (Cross Country), Shenendehowa High School (Cross Country) @ TBD	3:00 PM	North Creek Ski Bowl	Departure Point: back of HS Departure Time: 12:30 PM Return Date: Return Time: 1:00 PM	L

Date: 2025-12-25