



Queensbury (B) V Cross Country

Coaches:

- Matt Flint, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Shenendehowa High School, Albany High School, Troy @ Niskayuna High School	9:00 AM		Iroquois Middle School	Departure Point: Back Of HS Departure Time: 6:30 AM	NL
Sep 16, 2023	Sat	Regular Season (VVS Vernon)	@ TBD	8:00 AM		TBD	Departure Point: Back Of HS Departure Time: 6:45 AM	NL
Sep 26, 2023	Tue	Regular Season	South Glens Falls, Hudson Falls @ Glens Falls	4:30 PM		Coles Woods	Departure Point: Back Of HS Departure Time: 2:45 PM Return Date: Return Time: 6:15 PM	L
Oct 3, 2023	Tue	Regular Season	Glens Falls, Hudson Falls @ Schuylerville	4:30 PM		Hudson Crossing Park	Departure Point: back of HS Departure Time: 2:15 PM Return Date: Return Time: 6:45 PM	L
Oct 7, 2023	Sat	Regular Season (Central Park Schenectady)	@ TBD	9:30 AM		TBD	Departure Point: Back Of HS Departure Time: 6:45 AM	NL
Oct 10, 2023	Tue	Regular Season	Glens Falls, Schuylerville @ South Glens Falls	4:30 PM		Moreau Recreational Park	Departure Point: Back Of HS Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invy)	Colonie High School, Granville (Granville-Whitehall-Hartford), Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Troy, Greenville, Scotia-Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: Back Of HS Departure Time: 7:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 28, 2023	Sat	Regular Season (Bob's Tree Farm Race)	@ TBD	10:00 AM		TBD	Departure Point: Back Of HS Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	NL
Nov 11, 2023	Sat	Post-Season (NYSPHSAA State Championship VVS Middle/High School)	@ TBD	TBD		TBD	Departure Point: Back Of HS	NL
Nov 18, 2023	Sat	Regular Season (NYS XC Championship at Bowdoin Park)	@ TBD	TBD		TBD	Departure Point: Back Of HS	NL

Date: 2024-05-02