



Queensbury

(G) V Cross Country

Coaches:

- Matt Flint, Head Coach
- Chris Estremera, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 7, 2024	Sat	Regular Season (Niskay Invy)	@ TBD	9:30 AM	TBD		Departure Point: Back Of HS Departure Time: 7:00 AM NL Return Date: Return Time: 1:30 PM
Sep 10, 2024	Tue	Regular Season (Foothills Duels @ Schuylerville)	South Glens Falls @ Schuylerville	4:30 PM	Hudson Crossing Park		Departure Point: Back Of HS Departure Time: 2:10 PM L Return Date: Return Time: 7:00 PM
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen, Roy C Ketcham/ Wappingers JHS, Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Greenville, Shaker High School, Delaware Academy, Shenendehowa High School, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Scotia-Glenville, Vernon-Verona-Sherrill, Ballston Spa High School, Ballston Spa High School, Waterville, Auburn, Colonie High School, Beaver River, Oneida	9:00 AM	Queensbury HS, Trails @ Elem. School		NL
Sep 14, 2024	Sat	Regular Season (Invitational)	Chatham	10:00 AM	Queensbury HS, Trails @ Elem. School		NL
Sep 17, 2024	Tue	Regular Season	Glens Falls @ Broadalbin-Perth	4:30 PM	BPHS Cross Country Trail		Departure Point: Back Of HS Departure Time: 2:10 PM L Return Date: Return Time: 7:00 PM
Sep 28, 2024	Sat	Regular Season (Bowdin Park Wappengers Falls)	@ TBD	10:00 AM	TBD		Departure Point: Back Of HS Departure Time: 6:00 AM NL
Oct 1, 2024	Tue	Regular Season	Amsterdam, Hudson Falls	4:30 PM	Queensbury HS, Trails @ Elem. School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 5, 2024	Sat	Regular Season (Grout Invitational Freshman Only)	@ TBD	9:30 AM	TBD		Departure Point: Back Of HS Departure Time: 6:45 AM Return Date: Return Time: 12:00 PM	NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills Invitational)	@ Burnt Hills-Ballston Lake HS	9:00 AM	Saratoga Spa State Park		Departure Point: Back Of HS Departure Time: 8:00 AM Return Date: Return Time: 4:00 PM	NL
Oct 15, 2024	Tue	Regular Season	Scotia-Glenville @ Gloversville	4:30 PM	Track & Field - GHS		Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
Oct 28, 2024	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Glens Falls, Gloversville, Hudson Falls, Broadalbin-Perth, Scotia-Glenville, South Glens Falls, Schuylerville	3:00 PM	Queensbury HS, Trails @ Elem. School		Departure Point: Back Of HS	L
Nov 2, 2024	Sat	Regular Season	Whitesboro, Canajoharie, Cooperstown, Galway, Gloversville, Mechanicville, Rome Free Academy, Scotia-Glenville, Schoharie, Tamarac @ Amsterdam	9:00 AM	Bob's Trees		Departure Point: HS Departure Time: 7:30 AM	L
Nov 9, 2024	Sat	Post-Season (Sectionals)	Amsterdam, Lake George, Schuylerville	11:00 AM	Queensbury HS, Trails @ Elem. School			NL
Nov 16, 2024	Sat	Post-Season (States)	Whitesboro, Roy C Ketcham/ Wappingers JHS, Lake George, South Lewis, Oswego, Auburn	9:00 AM	Queensbury HS, Trails @ Elem. School			NL

Date: 2026-01-20