



Queensbury (G) V Cross Country

Coaches:

- Matt Flint, Head Coach
- Chris Estremera, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Colonie High School, Shenendehowa High School, Albany High School @ Niskayuna High School	9:00 AM		Iroquois Middle School	Departure Point: Back Of HS Departure Time: 6:45 AM	NL
Sep 12, 2023	Tue	Regular Season	Hudson Falls, South Glens Falls, Schuylerville	4:30 PM		Queensbury HS, Trails @ Elem. School		L
Sep 16, 2023	Sat	Regular Season (VVS Invy)	@ TBD	8:00 AM		TBD	Departure Point: Back Of HS Departure Time: 6:45 AM	NL
Sep 23, 2023	Sat	Regular Season (Adirondack Cross Country Classic)	Broadalbin-Perth	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 23, 2023	Sat	Regular Season (Queensbury Invite)	Chatham	9:00 AM		Queensbury HS, Trails @ Elem. School		L
Sep 23, 2023	Sat	Regular Season (Queensbury invitational)	Amsterdam, Schenectady High School, Schuylerville, Hadley-Luzerne (Corinth/Hadley Luzerne), Glens Falls, Shaker High School, Greenville, Ballston Spa High School, Chittenango, Shenendehowa High School, Maple Hill, Troy, Albany High School, Scotia-Glenville	9:00 AM		Queensbury HS, Trails @ Elem. School		L
Sep 23, 2023	Sat	Regular Season (Queensbury Invitational)	North Warren	9:00 AM		Queensbury HS		L
Sep 26, 2023	Tue	Regular Season	South Glens Falls, Hudson Falls @ Glens Falls	4:30 PM		TBD	Departure Point: Back Of HS Departure Time: 2:45 PM Return Date: Return Time: 6:15 PM	L
Oct 3, 2023	Tue	Regular Season	Glens Falls, Hudson Falls @ Schuylerville	4:30 PM		Hudson Crossing Park	Departure Point: Back Of HS Departure Time: 2:15 PM Return Date: Return Time: 6:45 PM	L
Oct 7, 2023	Sat	Regular Season (Central park schenectady)	@ TBD	9:30 AM		TBD	Departure Point: Back Of HS Departure Time: 6:45 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2023	Tue	Regular Season	Glens Falls, Schuylerville @ South Glens Falls	4:30 PM		Moreau Recreational Park	Departure Point: Back Of HS Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS	8:00 AM		Saratoga Spa State Park	Departure Point: Back Of HS Departure Time: 7:00 AM	NL
Oct 23, 2023	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Hudson Falls, Johnstown, Scotia-Glenville, Schuylerville, South Glens Falls	3:00 PM		Queensbury HS, Trails @ Elem. School		L
Nov 4, 2023	Sat	Regular Season (Sectional championship)	Amsterdam	9:30 AM		Queensbury HS, Trails @ Elem. School		L
Nov 4, 2023	Sat	Post-Season (Sectionals)	Greenville, Shenendehowa High School, Schuylerville	11:00 AM		Queensbury HS, Trails @ Elem. School		NL
Nov 4, 2023	Sat	Regular Season (Sectionals)	Hudson Falls	1:00 PM		Queensbury HS, Trails @ Elem. School		L
Nov 11, 2023	Sat	Post-Season (NYSPHSAA State XC championship VVS Middle/High school)	@ TBD	TBD		TBD	Departure Point: Back Of HS	NL
Nov 18, 2023	Sat	Post-Season (NYS federation XC Championship at Bowdoin park)	@ TBD	TBD		TBD	Departure Point: Back Of HS	NL

Date: 2026-03-15