



# Queensbury (G) V Cross Country

## Coaches:

- Matt Flint, Head Coach
- Chris Estremera, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2018	Sat	Practice (Time Trials)	N/A	8:30 AM		YMCA/Cole's Woods		
Sep 8, 2018	Sat	Regular Season (Blackbird XC Invy)	@ Voorheesville	9:00 AM		Wallace Park, Voorheesville	<b>Departure Time:</b> 6:00 AM <b>Return Date:</b> <b>Return Time:</b> 3:00 PM	NL
Sep 11, 2018	Tue	Regular Season	@ South Glens Falls	4:30 PM		Moreau Recreational Park	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Sep 15, 2018	Sat	Meet (ADK XC Classic Invy)	Vs. Multiple	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 18, 2018	Tue	Regular Season	Hudson Falls	4:30 PM		Queensbury HS, Trails @ Elem. School		L
Sep 29, 2018	Sat	Regular Season ((EJ Hermann XC Invy))	@ Utica Proctor	9:00 AM		Proctor Park	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 6:45 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	NL
Oct 3, 2018	Wed	Regular Season	Glens Falls	4:30 PM		Queensbury HS, Trails @ Elem. School		L
Oct 6, 2018	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		Central Park	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 6:30 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	NL
Oct 9, 2018	Tue	Regular Season	@ Schuylerville	4:30 PM		TBD	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 8:00 PM	L
Oct 13, 2018	Sat	Regular Season (Manhattan College Invy)	@ TBD	9:00 AM		Van Courtlandt Park, Manhattan College	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 4:15 AM <b>Return Date:</b> <b>Return Time:</b> 10:00 PM	L
Oct 22, 2018	Mon	Meet (Foothills Championship)	Vs. Multiple	3:00 PM		Saratoga Spa State Park	<b>Departure Point:</b> Back of HS <b>Departure Time:</b> 12:45 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	NL

