



Queensbury

(G) V Cross Country

Coaches:

- Matt Flint, Head Coach
- Chris Estremera, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 1, 2018	Sat	Practice (Time Trials)	N/A	8:30 AM		YMCA/Cole's Woods	
Sep 8, 2018	Sat	Regular Season (Blackbird XC Invitational)	@ Voorheesville	9:00 AM		Wallace Park, Voorheesville	Departure Time: 6:00 AM Return Date: NL Return Time: 3:00 PM
Sep 11, 2018	Tue	Regular Season	@ South Glens Falls	4:30 PM		Moreau Recreational Park	Departure Point: Back of HS Departure Time: 2:15 PM Return Date: L Return Time: 6:30 PM
Sep 15, 2018	Sat	Meet (ADK XC Classic Invitational)	Vs. Multiple	9:00 AM		Queensbury HS, Trails @ Elem. School	NL
Sep 18, 2018	Tue	Regular Season	Hudson Falls	4:30 PM		Queensbury HS, Trails @ Elem. School	L
Sep 29, 2018	Sat	Regular Season ((EJ Hermann XC Invitational))	@ Utica Proctor	9:00 AM		Proctor Park	Departure Point: Back of HS Departure Time: 6:45 AM Return Date: NL Return Time: 5:00 PM
Oct 3, 2018	Wed	Regular Season	Glens Falls	4:30 PM		Queensbury HS, Trails @ Elem. School	L
Oct 6, 2018	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		Central Park	Departure Point: Back of HS Departure Time: 6:30 AM Return Date: NL Return Time: 5:00 PM
Oct 9, 2018	Tue	Regular Season	@ Schuylerville	4:30 PM		TBD	Departure Point: Back of HS Departure Time: 2:15 PM Return Date: L Return Time: 8:00 PM
Oct 13, 2018	Sat	Regular Season (Manhattan College Invitational)	@ TBD	9:00 AM		Van Courtlandt Park, Manhattan College	Departure Point: Back of HS Departure Time: 4:15 AM Return Date: L Return Time: 10:00 PM
Oct 22, 2018	Mon	Meet (Foothills Championship)	Vs. Multiple	3:00 PM		Saratoga Spa State Park	Departure Point: Back of HS Departure Time: 12:45 PM Return Date: NL Return Time: 7:00 PM

Date: 2026-01-20