



# Queensbury (G) V Cross Country

## Coaches:

- Matt Flint, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Colonie High School, Shenendehowa High School, Albany High School @ Niskayuna High School	9:00 AM		Iroquois Middle School	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 6:45 AM	NL
Sep 16, 2023	Sat	Regular Season (VVS Invy )	@ TBD	8:00 AM		TBD	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 6:45 AM	NL
Sep 26, 2023	Tue	Regular Season	South Glens Falls, Hudson Falls @ Glens Falls	4:30 PM		TBD	<b>Departure Point:</b> Back OF HS <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:15 PM	L
Oct 3, 2023	Tue	Regular Season	Glens Falls, Hudson Falls @ Schuylerville	4:30 PM		Hudson Crossing Park	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 2:15 PM <b>Return Date:</b> <b>Return Time:</b> 6:45 PM	L
Oct 7, 2023	Sat	Regular Season (Central park schenectady)	@ TBD	9:30 AM		TBD	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 6:45 AM	NL
Oct 10, 2023	Tue	Regular Season	Glens Falls, Schuylerville @ South Glens Falls	4:30 PM		Moreau Recreational Park	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 2:30 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS	8:00 AM		Saratoga Spa State Park	<b>Departure Point:</b> Back Of HS <b>Departure Time:</b> 7:00 AM	NL
Nov 11, 2023	Sat	Post-Season (NYSPHSAA State XC championship VVS Middle/High school)	@ TBD	TBD		TBD	<b>Departure Point:</b> Back Of HS	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2023	Sat	Post-Season (NYS federation XC Championship at Bowdoin park)	@ TBD	TBD		TBD	<b>Departure Point:</b> Back Of HS	NL

Date: 2024-04-26