



Queensbury (G) V Cross Country

Coaches:

- Matt Flint, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------------|--|---------------------|
| Sep 2, 2023 | Sat | Regular Season (Ekiden) | Schenectady High School, Schuylerville, Shaker High School, Colonie High School, Shenendehowa High School, Albany High School @ Niskayuna High School | 9:00 AM | | Iroquois Middle School | Departure Point: Back Of HS Departure Time: 6:45 AM | NL |
| Sep 12, 2023 | Tue | Regular Season | Hudson Falls, South Glens Falls, Schuylerville | 4:30 PM | | Queensbury HS, Trails @ Elem. School | | L |
| Sep 16, 2023 | Sat | Regular Season (VVS Invy) | @ TBD | 8:00 AM | | TBD | Departure Point: Back Of HS Departure Time: 6:45 AM | NL |
| Sep 23, 2023 | Sat | Regular Season (Adirondack Cross Country Classic) | Broadalbin-Perth | 9:00 AM | | Queensbury HS, Trails @ Elem. School | | NL |
| Sep 23, 2023 | Sat | Regular Season (Queensbury Invite) | Chatham | 9:00 AM | | Queensbury HS, Trails @ Elem. School | | L |
| Sep 23, 2023 | Sat | Regular Season (Queensbury invitational) | Amsterdam, Schenectady High School, Schuylerville, Hadley-Luzerne (Corinth/Hadley Luzerne), Glens Falls, Shaker High School, Greenville, Ballston Spa High School, Chittenango, Shenendehowa High School, Maple Hill, Troy, Albany High School, Scotia-Glenville | 9:00 AM | | Queensbury HS, Trails @ Elem. School | | L |
| Sep 23, 2023 | Sat | Regular Season (Queensbury Invitational) | North Warren | 9:00 AM | | Queensbury HS | | L |
| Sep 26, 2023 | Tue | Regular Season | South Glens Falls, Hudson Falls @ Glens Falls | 4:30 PM | | TBD | Departure Point: Back Of HS Departure Time: 2:45 PM Return Date: Return Time: 6:15 PM | L |
| Oct 3, 2023 | Tue | Regular Season | Glens Falls, Hudson Falls @ Schuylerville | 4:30 PM | | Hudson Crossing Park | Departure Point: Back Of HS Departure Time: 2:15 PM Return Date: Return Time: 6:45 PM | L |
| Oct 7, 2023 | Sat | Regular Season (Central park schenectady) | @ TBD | 9:30 AM | | TBD | Departure Point: Back Of HS Departure Time: 6:45 AM | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------------|--|---------------------|
| Oct 10, 2023 | Tue | Regular Season | Glens Falls, Schuylerville @ South Glens Falls | 4:30 PM | | Moreau Recreational Park | Departure Point: Back Of HS Departure Time: 2:30 PM Return Date: Return Time: 6:30 PM | L |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invitational) | Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS | 8:00 AM | | Saratoga Spa State Park | Departure Point: Back Of HS Departure Time: 7:00 AM | NL |
| Oct 23, 2023 | Mon | Regular Season (Foothills XC Championship) | Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Hudson Falls, Johnstown, Scotia-Glenville, Schuylerville, South Glens Falls | 3:00 PM | | Queensbury HS, Trails @ Elem. School | | L |
| Nov 4, 2023 | Sat | Regular Season (Sectional championship) | Amsterdam | 9:30 AM | | Queensbury HS, Trails @ Elem. School | | L |
| Nov 4, 2023 | Sat | Post-Season (Sectionals) | Greenville, Shenendehowa High School, Schuylerville | 11:00 AM | | Queensbury HS, Trails @ Elem. School | | NL |
| Nov 4, 2023 | Sat | Regular Season (Sectionals) | Hudson Falls | 1:00 PM | | Queensbury HS, Trails @ Elem. School | | L |
| Nov 11, 2023 | Sat | Post-Season (NYSPHSAA State XC championship VVS Middle/High school) | @ TBD | TBD | | TBD | Departure Point: Back Of HS | NL |
| Nov 18, 2023 | Sat | Post-Season (NYS federation XC Championship at Bowdoin park) | @ TBD | TBD | | TBD | Departure Point: Back Of HS | NL |

Date: 2024-05-09