

## Coaches:

- John Paris
- Mark Jones
- Paul Knopp

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 26, 2022	Sat	Scrimmage	@ Burnt Hills-Ballston Lake HS	9:30 AM		BH-BL HS Gym		NL
Nov 30, 2022	Wed	Scrimmage (Take Down Scrimmage)	Warrensburg (Warrensburg/Lake George), Berne-Knox- Westerlo, Ichabod Crane @ Amsterdam (Amsterdam)	6:00 PM		Lynch Middle School Gym		NL
Dec 3, 2022	Sat	Regular Season (Andersen Tournament)	@ TBD	9:00 AM		CNS HS-Main Gym		NL
Dec 3, 2022	Sat	Regular Season (Anderson Tournament)	Amsterdam (Amsterdam), Camden, Canastota, Central Square, Chittenango, Cortland, Fayetteville-Manlius, Fairport, Falconer, Fulton, General Brown, Homer, Indian River, Lansing (Coed), Marcellus, New Hartford, Watertown, Syracuse City (Syracuse City), Windsor, West Genesee @ Cicero- North Syracuse	9:00 AM		CNS HS-Main Gym		L
Dec 6, 2022	Tue	Regular Season	Tamarac	6:00 PM		Johnstown HS Lower Gymnasium		NL
Dec 10, 2022	Sat	Regular Season (Wrangle in the Plains at IMPACT Athletic Center)	TBD	10:00 AM		TBD		NL
Dec 13, 2022	Tue	Regular Season	@ Little Falls	6:00 PM		HS Gym		NL
Dec 15, 2022	Thu	Regular Season	Cobleskill- Richmondville	6:00 PM		Warren Street Elementary School Gym		NL
Dec 17, 2022	Sat	Regular Season (Montgomery County Duals)	Ballston Spa High School @ Amsterdam (Amsterdam)	11:00 AM		Amsterdam High School Gym		NL
Dec 21, 2022	Wed	Regular Season 48-26 W	@ Albany High School	6:00 PM	8:00 PM	Albany High School Gym A		NL
Dec 29, 2022	Thu	Regular Season (Mountain Duals)	Central Valley Academy	7:00 AM		TBD		L
Dec 29, 2022	Thu	Regular Season (Mountain Duals)	Hudson Falls	9:00 AM		Johnstown HS Lower Gymnasium		L
Dec 29, 2022	Thu	Regular Season (Eastern Mountain Duals)	Ballston Spa High School	9:00 AM		TBD		L
Dec 29, 2022	Thu	Regular Season (Mountain Duals)	TBD	9:00 AM		Johnstown HS Lower Gymnasium		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START I	END TIME LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 30, 2022	Fri	Regular Season (Mountain Duals)	Central Valley Academy	7:00 AM	TBD		L
Dec 30, 2022	Fri	Regular Season (Mountain Duals)	Hudson Falls	9:00 AM	Johnstown HS Lower Gymnasium		L
Dec 30, 2022	Fri	Regular Season (Mountain Duals)	TBD	9:00 AM	Johnstown HS Lower Gymnasium		NL
Dec 30, 2022	Fri	Regular Season (Eastern Mountain Duals)	Ballston Spa High School	9:30 AM	TBD		L
Jan 5, 2023	Thu	Regular Season	@ Duanesburg	6:00 PM	Duanesburg M/HS		L
Jan 7, 2023	Sat	Regular Season (Leo J. Sammons Tournament)	@ Central Valley Academy	TBD	CVA Wrestling Room		NL
Jan 10, 2023	Tue	Regular Season	Canajoharie	6:00 PM	Fonda- Fultonville HS		L
Jan 13, 2023	Fri	Regular Season (Eastern States Wrestling Classic)	@ TBD	10:20 AM	TBD		NL
Jan 14, 2023	Sat	Regular Season (Schenectady Invitational)	Amsterdam (Amsterdam), Shenendehowa High School, Ballston Spa High School, Shaker High School, Niskayuna High School, Colonie High School, Saratoga Springs High School, Greenville, Hadley- Luzerne, Guilderland High School @ Schenectady High School (Varsity Wrestling)	8:00 AM	Pat Riley Sports Center- Main Gym		L
Jan 14, 2023	Sat	Regular Season (Eastern States Wrestling Classic @ Sullivan County Community College)	@ TBD	9:15 AM	Fonda- Fultonville HS		NL
Jan 14, 2023	Sat	Regular Season (Schenectady Invitational)	@ TBD	9:30 AM	Pat Riley Sports Center- Main Gym		NL
Jan 21, 2023	Sat	Meet (King Bison Invitational)	Vs. Multiple	9:00 AM	Shaker High School- H Gym		NL
CANCELLED Jan 21, 2023	Sat	Regular Season (King and Queens Bison Invitational)	@ Shaker High School	9:30 AM	Shaker High School- F gym		NL
Jan 28, 2023	Sat	Regular Season	Berne-Knox-Westerlo	12:00 PM	Johnstown HS Lower Gymnasium		L

Date: 2025-12-25