

Coaches:

- John Paris
- Mark Jones
- Paul Knopp

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	/ NON- LEAGUE
Nov 23, 2019	Sat	Regular Season (Weight Certification)	@ TBD	TBD		TBD	Departure Time: 7:30 AM	L
Nov 29, 2019	Fri	Scrimmage	@ Amsterdam (Amsterdam)	11:00 AM		Lynch Middle School Gym	Departure Time: 10:00 AM	NL
Dec 4, 2019	Wed	Regular Season	Little Falls	6:00 PM		Fonda- Fultonville HS		NL
Dec 7, 2019	Sat	Regular Season (Tournament)	@ Mohonasen	9:00 AM		Mohonasen HS	Departure Time: 6:30 AM	NL
Dec 12, 2019	Thu	Regular Season	@ Berne-Knox-Westerlo	6:00 PM		Berne-Knox- Westerlo HS	Departure Time: 4:15 PM	L
Dec 14, 2019	Sat	Regular Season (GF Matmania Tournament)	Corinth (Mountaineers), Stillwater (Stillwater/Mechanicville), Niskayuna High School, Catskill, Salem (Salem- Cambridge), Berne-Knox- Westerlo, Guilderland High School, Watervliet, Bethlehem High School, Granville (Granville- Whitehall), Scotia- Glenville @ Glens Falls	9:00 AM	7:00 PM	Glens Falls HS Gym	Departure Time: 6:30 AM	NL
Dec 19, 2019	Thu	Regular Season	Canajoharie	6:00 PM	7:00 PM	TBD	Departure Time: 6:30 AM	L
Dec 21, 2019	Sat	Regular Season (Montgomery County Duals)	@ Amsterdam (Amsterdam)	9:00 AM		Lynch Middle School Gym	Departure Time: 6:45 AM	NL
Dec 27, 2019	Fri	Regular Season (Mountain Duals)	Dolgeville	9:00 AM		Cross Country Course		NL
Dec 27, 2019	Fri	Regular Season (Mountain Duals)	Central Valley Academy	9:00 AM		Cross Country Course		NL
Dec 27, 2019	Fri	Regular Season (Mountain Duals)	Amsterdam (Amsterdam)	9:00 AM		Cross Country Course		L
Dec 28, 2019	Sat	Regular Season (Mt. Duals)	Dolgeville	9:00 AM		Cross Country Course		NL
Dec 28, 2019	Sat	Regular Season (Mountain Duals)	Amsterdam (Amsterdam)	9:00 AM		Cross Country Course		L
Jan 11, 2020	Sat	Regular Season (Schenectady Tournament)	@ Schenectady High School (Varsity Wrestling)	9:00 AM		Pat Riley Sports Center- Main Gym	Departure Time: 6:45 AM	L
Jan 15, 2020	Wed	Regular Season	Galway	6:00 PM		Cross Country Course		L
Jan 17, 2020	Fri	Regular Season (Dual Meet tournament)	@ Ichabod Crane	3:00 PM		TBD	Departure Time: 1:45 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 18, 2020	Sat	Regular Season (Dual Meet Tournament)	@ Ichabod Crane	9:00 PM	TBD	Departure Time: 6:00 AM	L
Jan 23, 2020	Thu	Regular Season	@ Duanesburg	6:00 PM	TBD	Departure Time: 4:15 PM	L
POSTPONED Jan 29, 2020	Wed	Regular Season	@ Whitehall (Granville/Whitehall)	6:00 PM	Whitehall Jr/Sr High School		NL

Date: 2025-12-25