



# Johnstown

## (B) V Cross Country

### Coaches:

- Lisa VanAernam, Head Coach

| DATE         | WEEK DAY | TYPE   | OPPONENTS   | START TIME | END TIME | LOCATION                             | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--------------------------------------|----------------|---------------------|
| Sep 2, 2023  | Sat      | Regular Season (Fonda-Fultonville Invy)        | @ Fonda-Fultonville   | TBD        |          | TBD                                  |                | NL                  |
| Sep 9, 2023  | Sat      | Regular Season (Blackbird Invitational)        | @ Voorheesville   | TBD        |          | TBD                                  |                | NL                  |
| Sep 12, 2023 | Tue      | Regular Season                                 | Gloversville, Scotia-Glenville @ Broadalbin-Perth   | 4:30 PM    |          | BPHS Cross Country Trail             |                | L                   |
| Sep 16, 2023 | Sat      | Regular Season (BP Cross Country Invitational) | Albany High School, Mayfield, South Glens Falls, Granville (Granville-Whitehall-Hartford), Gloversville @ Broadalbin-Perth  | 9:00 AM    |          | BPHS Cross Country Trail             |                | NL                  |
| Sep 19, 2023 | Tue      | Regular Season                                 | Broadalbin-Perth, Scotia-Glenville, Amsterdam   | 4:30 PM    |          | Cross Country Course                 |                | L                   |
| Oct 3, 2023  | Tue      | Regular Season                                 | Broadalbin-Perth, Gloversville @ Amsterdam  | 4:30 PM    |          | Track-Amsterdam HS                   |                | L                   |
| Oct 7, 2023  | Sat      | Regular Season (Grout Invitational)            | @ TBD   | 9:00 AM    | 4:00 PM  | Iroquois Middle School, Niskayuna    |                | NL                  |
| Oct 10, 2023 | Tue      | Regular Season                                 | Gloversville, Amsterdam @ Scotia-Glenville  | 4:30 PM    |          | Indian Meadows                       |                | L                   |
| Oct 14, 2023 | Sat      | Regular Season (Burnt Hills Invy)              | Colonie High School, Granville (Granville-Whitehall-Hartford), Schuylerville, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Troy, Greenville, Queensbury, Scotia-Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS | 9:00 AM    |          | Saratoga Spa State Park              |                | NL                  |
| Oct 23, 2023 | Mon      | Regular Season (Foothills XC Championship)     | Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Hudson Falls, Scotia-Glenville, Schuylerville, South Glens Falls @ Queensbury   | 3:00 PM    |          | Queensbury HS, Trails @ Elem. School |                | L                   |

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|-------------|-------------|---|---|---------------|-------------|--|----------------|----------------------------|
| Nov 4, 2023 | Sat         | Post-Season<br>(Section 2<br>Championships) | Amsterdam, Christian<br>Brothers Academy,<br>Albany,<br>Shenendehowa High<br>School, Greenville @<br>Queensbury | 10:00<br>AM   |             | Queensbury<br>HS, Trails @<br>Elem. School |                | NL                         |

Date: 2024-05-06