

## Coaches:

• Lisa VanAernam, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2019	Sat	Regular Season (Blackbird Invy)	@ Voorheesville	TBD	Briggs Street Fields	<b>Departure Time:</b> 7:00 AM	NL
Sep 10, 2019	Tue	Regular Season	Gloversville	4:15 PM	Cross Country Course	<b>Departure Time:</b> 3:15 PM	L
Sep 14, 2019	Sat	Regular Season (Fonda Invy)	@ Fonda-Fultonville	TBD	TBD	<b>Departure Time:</b> 8:00 PM	NL
Sep 17, 2019	Tue	Regular Season	Amsterdam	4:15 PM	TBD		L
Sep 24, 2019	Tue	Regular Season	Scotia-Glenville	4:15 PM	TBD		L
Sep 28, 2019	Sat	Regular Season (Galway Invy)	@ Galway	TBD	TBD	<b>Departure Time:</b> 7:00 AM	NL
Oct 1, 2019	Tue	Regular Season	@ Broadalbin-Perth	4:15 PM	BPHS Cross Country Trail		L
Oct 5, 2019	Sat	Regular Season (Grout Invy)	@ TBD	TBD	TBD	<b>Departure Time:</b> 7:00 AM	L
Oct 12, 2019	Sat	Regular Season (Burnt Hills-Ballston Lake Invitational)	Dolgeville, South Glens Falls, Schuylerville, Greenville, Hadley- Luzerne (Corinth/Hadley Luzerne), Corinth (Corinth/Hadley Luzerne), Amsterdam, Oneonta, Niskayuna High School, Ballston Spa High School, Saratoga Central Catholic, Stillwater, Lake George, Scotia- Glenville, Broadalbin- Perth, Granville (Granville-Whitehall- Hartford), Chittenango, Shaker High School @ Burnt Hills-Ballston Lake HS		Saratoga Spa State Park		NL
Oct 21, 2019	Mon	Regular Season (Foothills Council XC Championships)	Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Queensbury, Scotia- Glenville, Schuylerville, South Glens Falls @ Hudson Falls	3:00 PM	Saratoga State Park		L
Nov 4, 2019	Mon	Regular Season (Sectionals)	@ TBD	11:00 AM	TBD	<b>Departure Time:</b> 8:15 AM	L

Date: 2024-05-02