

Coaches:

• Lisa VanAernam, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|------------|--------------------------------------------|----------------|----------------------------|
| Sep 2, 2023 | Sat | Regular Season (Fonda-Fultonville Invy) | @ Fonda-Fultonville | TBD | | TBD | | NL |
| Sep 9, 2023 | Sat | Regular Season (Blackbird Invitational) | @ Voorheesville | TBD | | TBD | | NL |
| Sep 12, 2023 | Tue | Regular Season | Gloversville, Scotia- Glenville @ Broadalbin-Perth | 4:30 PM | | BPHS Cross Country Trail | | L |
| Sep 16, 2023 | Sat | Regular Season (BP Cross Country Invitational) | Albany High School, Mayfield, South Glens Falls, Granville (Granville-Whitehall- Hartford), Gloversville @ Broadalbin-Perth | 9:00 AM | | BPHS Cross Country Trail | | NL |
| Sep 19, 2023 | Tue | Regular Season | Broadalbin-Perth, Scotia-Glenville, Amsterdam | 4:30 PM | | Cross Country Course | | L |
| Oct 3, 2023 | Tue | Regular Season | Broadalbin-Perth, Gloversville @ Amsterdam | 4:30 PM | | Track- Amsterdam HS | | L |
| Oct 7, 2023 | Sat | Regular Season (Grout Invitational) | @ TBD | 9:00 AM | 4:00 PM | Iroquois Middle School, Niskayuna | | NL |
| Oct 10, 2023 | Tue | Regular Season | Gloversville, Amsterdam @ Scotia- Glenville | 4:30 PM | | Indian Meadows | | L |
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invy) | Colonie High School, Granville (Granville- Whitehall-Hartford), Schuylerville, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Troy, Greenville, Queensbury, Scotia- Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 23, 2023 | Mon | Regular Season (Foothills XC Championship) | Amsterdam, Broadalbin-Perth, Glens Falls, Gloversville, Hudson Falls, Scotia-Glenville, Schuylerville, South Glens Falls @ Queensbury | 3:00 PM | | Queensbury HS, Trails @ Elem. School | | L |

| DATE | WEEK DAY | E | OPPONENTS | START TIME | END TIME LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|-------------|-------------|------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------|--------------------------------------------|----------------|----------------------------|
| Nov 4, 2023 | Sat (Sec | t-Season ction 2 mpionships) | Amsterdam, Christian Brothers Academy, Albany, Shenendehowa High School, Greenville @ Queensbury | 10:00 AM | Queensbury HS, Trails @ Elem. School | | NL |

Date: 2024-04-29