Coaches:

• Emily Slingerland

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EN	Ι ()(-Δ Ι Ι()ΝΙ	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2022	Wed	Regular Season	@ Johnsburg	3:00 PM	Garnet Hill	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	NL
Dec 30, 2022	Fri	Regular Season (Queensbury Relays)	Johnstown (Nordic), Scotia-Glenville, Lake George (Nordic), Saratoga Springs High School (Cross Country) @ Queensbury (Nordic)	10:00 AM	Gore Mountain Ski Resort	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	NL
CANCELLED Jan 7, 2023	Sat	Regular Season (Queensbury Invitational)	@ Queensbury (Nordic)	12:30 PM	Gore Ski Center	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	L
POSTPONED Jan 7, 2023	Sat	Regular Season (Queensbury Invitational)	Johnstown (Nordic), Scotia-Glenville, Saratoga Springs High School (Cross Country) @ Queensbury (Nordic)	12:30 PM	Gore Ski Center			NL
Jan 11, 2023	Wed		Johnstown (Nordic), Guilderland High School (Cross Country) @ Saratoga Springs High School (Cross Country)	3:00 PM	Gore Mountain - NCSB			NL
Jan 20, 2023	Fri	Regular Season	@ Johnstown (Nordic)	3:00 PM	Lapland Lake Nordic Ski	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	L
POSTPONED Jan 25, 2023	Wed	Regular Season (Glens Falls Invy)	Saratoga Springs High School (Alpine)	5:00 PM	West Mountain Ski Resort			L
Jan 28, 2023	Sat	Regular Season (Section 7 Invitational)	@ TBD	TBD	Mt. Van Hoevenberg	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	NL
Feb 1, 2023	Wed	Regular Season (Mayfield Invitational)	@ Mayfield	3:00 PM	Lapland Lake	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	L
Feb 1, 2023	Wed	Regular Season (Saratoga Invy)	Ballston Spa High School (Alpine), Johnstown (Nordic), Schuylerville (Schuylerville/Greenwich Alpine) @ Saratoga Springs High School (Alpine)	5:00 PM	Willard Mountain			L
Feb 10, 2023	Fri	Regular Season (Scotia-Glenville Relays)	@ Scotia-Glenville	4:00 PM	Coles Woods	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	L
Feb 15, 2023	Wed	Post-Season (Sectional Championships)	@ TBD	2:00 PM	Lapland Lake	Bus/Driver: Glens Falls School District	Departure Point: Door C Sports Ramp	L

Date: 2025-12-05