

Coaches:

- Jeff Richards, Head Coach
- Kayla Twardzik, Asst Coach
- Timothy Cornell, Asst Coach
- Jason Kruger, Asst Coach
- Alex Hitrick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START EN	ΙΟΙΑΙΙΟΝ	TRANSPORTATION	LEAG / NON LEAG
Apr 4, 2023	Tue	Regular Season	@ Amsterdam	4:30 PM	Track- Amsterdam HS	Departure Time: 3:15 PM	L
Apr 8, 2023	Sat	Regular Season (Bi- County Invitational)	Amsterdam, Gloversville, Johnstown, Fonda- Fultonville, Canajoharie, Mayfield	10:00 AM	BPHS Track		NL
Apr 10, 2023	Mon	Regular Season (Ballston Spa Field Challenge)	@ TBD	9:30 AM	Ballston Spa Track	Departure Time: 8:00 AM	NL
Apr 10, 2023	Mon	Meet (Ballston Spa Field Challenge)	Vs. Multiple	9:30 AM	Ballston Spa Track	Departure Time: 8:00 AM	NL
Apr 19, 2023	Wed	Regular Season	Johnstown	4:30 PM	BPHS Track		L
Apr 22, 2023	Sat	Regular Season (Stillwater Relays)	@ Stillwater	9:00 AM	Track	Departure Time: 6:30 AM	NL
Apr 26, 2023	Wed	Regular Season	@ Hudson Falls	4:30 PM	Hudson Falls HS	Departure Time: 2:00 PM	L
Apr 29, 2023	Sat	Regular Season (Anthony Luciano Memorial Track Invitational)	Coxsackie-Athens, Greenville, Queensbury, South Glens Falls, Glens Falls, Saranac, Burnt Hills-Ballston Lake HS, Schuylerville, Beekmantown, Ausable Valley, Lake George, Ichabod Crane, Greenwich, Mount Anthony, Stillwater, Emma Willard, Ballston Spa High School, Scotia- Glenville, Taconic Hills @ Hudson Falls	9:30 4:0 AM PN	00 Hudson Falls // HS	Departure Time: 6:30 AM	NL
May 2, 2023	Tue	Regular Season	@ Scotia-Glenville	4:30 PM	TBD	Departure Time: 2:45 PM	L
May 5, 2023	Fri	Regular Season (Fonda Invitational)	@ Fonda-Fultonville	4:00 PM	Fonda- Fultonville HS	Departure Time: 2:15 PM	NL
May 9, 2023	Tue	Regular Season	Gloversville	4:30 PM	BPHS Track		L
May 12, 2023	Fri	Regular Season (Johnstown Invitational)	Amsterdam, Galway, Lansingburgh, Gloversville, Fonda- Fultonville, Central Valley Academy, Mayfield, Catholic Central, Troy @ Johnstown	4:30 PM	Knox Junior Turf & Track	Departure Time: 2:30 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START I	END TIME LO	OCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 17, 2023	Wed	Regular Season (Foothills League Championship)	Amsterdam, Glens Falls, South Glens Falls, Gloversville, Hudson Falls, Johnstown, Queensbury, Scotia- Glenville @ Schuylerville	5:00 PM		chuylerville igh School	Departure Time: 2:15 PM	L
May 20, 2023	Sat	Regular Season (Eddy Meet)	@ TBD	TBD	Hi	chenectady igh Track & eld		NL
May 25, 2023	Thu	Post-Season (Section 2 Group 3 Championship)	Schuylerville, Schalmont, Cohoes, Ravena-Coeymans, Ichabod Crane, Tamarac, Hudson, Johnstown, Cobleskill- Richmondville, Mechanicville, Fonda-Fultonville, Catskill, Corinth (Corinth/HL), Albany Academies, Catholic Central, Troy @ Taconic Hills	4:00 PM	Tr	rack	Departure Time: 1:15 PM	NL
Jun 1, 2023	Thu	Post-Season (New York State Qualifiers)	@ TBD	5:00 PM		henendehowa Koda MS	Departure Time: 3:00 PM	NL
Jun 2, 2023	Fri	Post-Season (New York State Qualifiers)	@ TBD	4:00 PM		henendehowa Koda MS	Departure Time: 2:00 PM	NL
Jun 9, 2023	Fri	Post-Season (NYS Championship)	@ TBD	TBD		iddletown igh School		NL

Date: 2024-05-18