

Coaches:

- Jeff Richards, Head Coach
- Timothy Cornell, Asst Coach
- Kayla Twardzik, Asst Coach
- Jason Kruger, Asst Coach
- Alex Hitrick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 13, 2024	Sat	Regular Season (Bi-County Invitational)	@ Amsterdam	10:00 AM	Track- Amsterdam HS	Departure Time: 8:30 AM	NL
Apr 16, 2024	Tue	Regular Season	@ Amsterdam	4:30 PM	Track- Amsterdam HS	Departure Time: 3:00 PM	L
Apr 27, 2024	Sat	Regular Season (Luciano Track Invitational)	Schuylerville, Lake George, Burnt Hills- Ballston Lake HS, Ballston Spa High School, Saratoga Springs High School, South Glens Falls @ Hudson Falls	10:00 AM	Hudson Falls HS	Departure Time: 7:15 AM	NL
May 3, 2024	Fri	Regular Season (Fonda Invitational)	@ Fonda-Fultonville	4:00 PM	Fonda- Fultonville HS	Departure Time: 2:15 PM	NL
May 8, 2024	Wed	Regular Season	@ Johnstown	4:00 PM	TBD	Departure Time: 2:00 PM	L
May 14, 2024	Tue	Regular Season (Foothills Championships)	Amsterdam, Glens Falls, Gloversville, Hudson Falls, Johnstown, Queensbury, Scotia- Glenville, South Glens Falls @ Schuylerville	5:00 PM	Schuylerville High School	Departure Time: 2:45 PM	L
May 30, 2024	Thu	Post-Season (New York State Qualifiers)	@ TBD	4:00 PM	Guilderland High School	Departure Time: 2:00 PM	NL
May 31, 2024	Fri	Post-Season (New York State Qualifiers)	@ TBD	4:00 PM	Guilderland High School	Departure Time: 2:00 PM	NL
Jun 7, 2024	Fri	Post-Season (NYS Championship)	@ TBD	TBD	Cicero-North Syracuse High School		NL
Jun 8, 2024	Sat	Post-Season (NYS Championship)	@ TBD	TBD	Cicero-North Syracuse High School		NL

Date: 2024-05-04