

Coaches:

- Jeff Richards, Head Coach
- Alex Hitrick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START ENI		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 12, 2023	Tue	Regular Season	Gloversville, Scotia- Glenville, Johnstown	4:30 PM	BPHS Cross Country Trail		L
Sep 16, 2023	Sat	Regular Season (BP Cross Country Invitational)	Albany High School, Mayfield, Johnstown, South Glens Falls, Granville (Granville- Whitehall-Hartford), Gloversville, Ballston Spa High School	9:00 AM	BPHS Cross Country Trail		NL
Sep 19, 2023	Tue	Regular Season	Scotia-Glenville, Amsterdam @ Johnstown	4:30 PM	Cross Country Course	Departure Time: 2:15 PM	L
Sep 23, 2023	Sat	Regular Season (Adirondack Cross Country Classic)	@ Queensbury	9:00 AM	Queensbury HS, Trails @ Elem. School	Departure Time: 6:00 AM	NL
Sep 26, 2023	Tue	Regular Season	Amsterdam, Scotia- Glenville @ Gloversville	4:30 PM	Johnstown High School	Departure Time: 2:15 PM	L
Sep 30, 2023	Sat	Regular Season (SGF John Killian "K Dawg" Memorial XC Invitational)	@ South Glens Falls	9:00 AM	Moreau Recreational Park	Departure Time: 6:00 AM	NL
Oct 3, 2023	Tue	Regular Season	Johnstown, Gloversville @ Amsterdam	4:30 PM	Track- Amsterdam HS	Departure Time: 2:30 PM	L
Oct 7, 2023	Sat	Regular Season (Grout Cross Country Invitational)	@ TBD	9:00 AM	Central Park, Schenectady	Departure Time: 6:15 AM	NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Cross Country Invitational)	@ Burnt Hills- Ballston Lake HS	9:00 AM	Saratoga Spa State Park	Departure Time: 6:15 AM	NL

Date: 2024-05-03