

## Coaches:

- Jeff Richards, Head Coach
- Alex Hitrick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 9, 2023	Sat	Regular Season (Voorheesville Blackbird Cross Country Invitational)	@ Voorheesville	9:00 AM	Wallace Park	<b>Departure Time:</b> 6:45 AM	NL
Sep 19, 2023	Tue	Regular Season	Scotia-Glenville, Amsterdam @ Johnstown	4:30 PM	Cross Country Course	<b>Departure Time:</b> 2:15 PM	L
Sep 23, 2023	Sat	Regular Season (Adirondack Cross Country Classic)	@ Queensbury	9:00 AM	Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 6:00 AM	NL
Sep 26, 2023	Tue	Regular Season	Amsterdam, Scotia- Glenville @ Gloversville	4:30 PM	Cross Country Course	<b>Departure Time:</b> 2:15 PM	L
Sep 30, 2023	Sat	Regular Season (SGF John Killian "K Dawg" Memorial XC Invitational)		9:00 AM	Moreau Recreational Park	<b>Departure Time:</b> 6:00 AM	NL
Oct 3, 2023	Tue	Regular Season	Johnstown, Gloversville @ Amsterdam	4:30 PM	Track- Amsterdam HS	<b>Departure Time:</b> 2:30 PM	L
Oct 7, 2023	Sat	Regular Season (Grout Cross Country Invitational)	@ TBD	9:00 AM	Central Park, Schenectady	<b>Departure Time:</b> 6:15 AM	NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Cross Country Invitational)	@ Burnt Hills- Ballston Lake HS	9:00 AM	Saratoga Spa State Park	<b>Departure Time:</b> 6:15 AM	NL
Oct 23, 2023	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Glens Falls, Gloversville, Hudson Falls, Johnstown, Scotia- Glenville, Schuylerville, South Glens Falls @ Queensbury	3:00 PM	Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 12:30 PM	L
Nov 4, 2023	Sat	Post-Season (Section 2 Championship)	@ TBD	12:00 PM	Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 8:30 AM	NL
Nov 11, 2023	Sat	Post-Season (NYS Championship)	@ TBD	TBD	Vernon- Verona-Sherrill (VVS) High School		NL

Date: 2024-05-15