

Coaches:

- Jeff Richards, Head Coach
- Alex Hitrick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2022	Sat	Regular Season (VVS Cross Country Invitational)	@ Vernon-Verona- Sherrill	1:00 PM	Cross Country Course	Departure Time: 10:30 AM	NL
Sep 13, 2022	Tue	Regular Season	Scotia-Glenville, Amsterdam @ Johnstown	4:30 PM	Cross Country Course	Departure Time: 2:00 PM	L
Sep 17, 2022	Sat	Regular Season (Queensbury- Adirondack Cross Country Classic Invitational)	@ Queensbury	9:15 AM	Queensbury HS, Trails @ Elem. School	Departure Time: 6:00 AM	NL
Sep 20, 2022	Tue	Regular Season	Amsterdam, Gloversville @ Scotia-Glenville	4:30 PM	Indian Meadows	Departure Time: 2:00 PM	L
Sep 24, 2022	Sat	Regular Season (Broadalbin-Perth Invitational)	Johnstown, Mayfield, Notre Dame-Bishop Gibbons	9:00 AM	BPHS Cross Country Trail		NL
Sep 27, 2022	Tue	Regular Season	Amsterdam, Johnstown, Gloversville	4:30 PM	BPHS Cross Country Trail		L
Oct 1, 2022	Sat	Regular Season (Grout Invitational)	@ TBD	9:00 AM	Central Park, Schenectady	Departure Time: 6:15 AM	NL
Oct 8, 2022	Sat	Regular Season (Saratoga Cross Country Invitational)	@ Saratoga Springs High School	9:30 AM	Pitney Meadows Community Farm	Departure Time: 6:30 AM	NL
Oct 11, 2022	Tue	Regular Season	Scotia-Glenville, Gloversville @ Johnstown	4:30 PM	Cross Country Course	Departure Time: 2:15 PM	L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Cross Country Invitational)	@ TBD	9:15 AM	Saratoga Spa State Park	Departure Time: 6:15 AM	NL
Oct 24, 2022	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Glens Falls, Gloversville, Hudson Falls, South Glens Falls, Scotia- Glenville, Schuylerville @ Queensbury	3:00 PM	Queensbury HS, Trails @ Elem. School	Departure Time: 12:45 PM	L
Nov 5, 2022	Sat	Post-Season (Section 2 Championship)	@ TBD	1:00 PM	Queensbury HS, Trails @ Elem. School	Departure Time: 8:30 AM	NL
Nov 12, 2022	Sat	Post-Season (NYS Championship)	@ TBD	TBD	Vernon- Verona-Sherrill (VVS) High School		NL

Date: 2024-05-16