

## Coaches:

- John Richard, Head Coach
- Matt Rees, Asst Coach
- Jordan Swalgin, Asst Coach
- Brian Stevens, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	2:45 PM	7:30 PM	HP HS Wrestling Room		
Nov 15, 2022	Tue	Practice	N/A	2:45 PM	7:30 PM	HP HS Wrestling Room		
Nov 16, 2022	Wed	Practice	N/A	2:45 PM	7:30 PM	HP HS Wrestling Room		
Nov 17, 2022	Thu	Practice	N/A	2:45 PM	7:30 PM	HP HS Wrestling Room		
Nov 18, 2022	Fri	Practice	N/A	2:45 PM	7:30 PM	HP HS Wrestling Room		
Nov 21, 2022	Mon	Practice	N/A	2:45 PM	5:00 PM	HP HS Wrestling Room		
Nov 22, 2022	Tue	Practice	N/A	2:45 PM	5:00 PM	HP HS Wrestling Room		
Dec 3, 2022	Sat	Regular Season (Larry Goodrich Tournament)	Central Valley Academy, Binghamton, Deposit (Deposit-Hancock), Dryden, Elmira, Ithaca, Owego Apalachin, Elmira Heights, TBD @ Newark Valley	10:00 AM		Newark Valley High School	Departure Time: 6:00 AM Return Date: Return Time: 5:00 PM	L
Dec 7, 2022	Wed	Regular Season 45-25 W	Dolgeville	6:00 PM		HS Gym		NL
Dec 14, 2022	Wed	Regular Season	Central Valley Academy	6:00 PM		TBD		L
Dec 17, 2022	Sat	Regular Season (Tournament)	@ Schalmont	10:00 AM		Schalmont HS	Departure Time: 6:00 AM Return Date: Return Time: 6:00 PM	NL
Dec 21, 2022	Wed	Regular Season 51-22 W	@ Whitesboro	6:00 PM		Whitesboro High School Gym	Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L
Dec 27, 2022	Tue	Regular Season (JV Tournament)	Mount Markham	8:00 AM		HS Gym		NL
Dec 28, 2022	Wed	Regular Season (Tournament)	@ TBD	10:00 AM		Oswego State Laker Hall	<b>Departure Time:</b> 6:00 AM	NL
Dec 29, 2022	Thu	Regular Season (Tournament)	@ TBD	10:00 AM		Oswego State Laker Hall	<b>Departure Time:</b> 10:00 AM	NL
Jan 4, 2023	Wed	Regular Season	@ Rome Free Academy	6:00 PM		RFA Main Gym	Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 7, 2023	Sat	Regular Season (Tournament)	@ Central Valley Academy	10:00 AM		CVA Main Gym	Departure Time: 6:00 AM Return Date: Return Time: 6:00 PM	NL
Jan 10, 2023	Tue	Regular Season 36-33 W	@ Adirondack	6:00 PM	8:00 PM	MS Gym	Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	L
Jan 12, 2023	Thu	Regular Season	Vernon-Verona-Sherrill	6:00 PM		HS Gym		L
Jan 14, 2023	Sat	Regular Season (Tournament)	@ Camden	10:00 AM		Camden High School Main Gym	Departure Time: 6:00 AM Return Date: Return Time: 6:00 PM	NL
POSTPONED Jan 18, 2023	Wed	Regular Season	New Hartford	6:00 PM		HS Gym		L
CANCELLED Jan 20, 2023	Fri	Regular Season (Mustang Duals)	Cooperstown (Cooperstown/Milford), Vernon-Verona-Sherrill, New Hartford, Rome Free Academy, Dolgeville, Little Falls, Saranac, Goshen, Beekmantown @ Mount Markham	4:00 PM		MS Big Gym	Departure Time: 1:45 PM Return Date: Return Time: 10:00 PM	NL
Jan 21, 2023	Sat	Regular Season (Mustang Duals)	Vernon-Verona-Sherrill, New Hartford, Rome Free Academy, Cooperstown (Cooperstown/Milford), Dolgeville, Little Falls, Saranac, Goshen, Beekmantown @ Mount Markham	9:00 AM		MS Big Gym	Departure Time: 6:00 AM Return Date: Return Time: 6:00 PM	NL
Jan 26, 2023	Thu	Regular Season	Camden	6:00 PM		HS Gym		L
CANCELLED Jan 28, 2023	Sat	Regular Season (Multi Meet )	TBD	10:00 AM		HPE Gym		L
Feb 4, 2023	Sat	Post-Season (Section 3 Class C Meet)	Phoenix, Hannibal, Cazenovia, General Brown, Adirondack, Lowville, Altmar-Parish- Williamstown (APW/Pulaski), Tully (Southern Hills) @ Little Falls	10:00 AM		HS Gym	Departure Time: 7:00 AM Return Date: Return Time: 8:00 PM	NL
Feb 4, 2023	Sat	Regular Season (Class Tournaments)	@ TBD	10:00 AM		TBD	Departure Time: 7:00 AM Return Date: Return Time: 8:00 PM	L
Feb 11, 2023	Sat	Post-Season (Section 3 Championships)	@ TBD	10:00 AM		OCC Arena	Departure Time: 7:00 AM Return Date: Return Time: 8:00 PM	L
Feb 24, 2023	Fri	Post-Season (NYS Championships)	@ TBD	10:00 AM		Other	<b>Departure Time:</b> 6:00 AM	NL
Feb 25, 2023	Sat	Post-Season (NYS Championships)	@ TBD	10:00 AM		Other	Return Date: Return Time: 8:00 PM	L

Date: 2025-12-06