

## **Coaches:**

- John Richard, Head Coach
- Reynold Szarek, Asst Coach
- Matt Rees, Asst Coach
- Dylan Baird, Asst Coach
- Jordan Swalgin, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 14, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 15, 2023	Wed	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 16, 2023	Thu	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 17, 2023	Fri	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 20, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 21, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 27, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 28, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 28, 2023	Tue	Regular Season (Practice)	@ TBD	5:00 PM		HS Gym	Departure Date: Nov 28, 2023 Departure Time: 3:45 PM	L
Nov 29, 2023	Wed	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Nov 30, 2023	Thu	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 1, 2023	Fri	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 2, 2023	Sat	Regular Season (DOUG JONES DUAL MEET TOURNAMENT)	@ Mohonasen	7:30 AM		Mohonasen HS	Departure Date: Dec 2, 2023 Departure Time: 5:00 AM	L
Dec 4, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 5, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 6, 2023	Wed	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2023	Thu	Regular Season	@ Camden	6:00 PM		Camden High School Main Gym	Departure Date: Dec 7, 2023 Departure Time: 3:00 PM	L
Dec 8, 2023	Fri	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 9, 2023	Sat	Regular Season	Altmar-Parish- Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cazenovia, Fayetteville-Manlius, Grand Island, Mexico, New Hartford, Palmyra- Macedon, Oswego, Rush Henrietta, Whitesboro, Vernon- Verona-Sherrill, Union-Endicott, Syracuse City (Syracuse City) @ Phoenix	9:00 AM	5:00 PM	JCB Gym	<b>Departure Date:</b> Dec 9, 2023 <b>Departure Time:</b> 5:30 AM	NL
Dec 11, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 12, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 13, 2023	Wed	Regular Season	Dolgeville	6:00 PM		HS Gym		L
Dec 14, 2023	Thu	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 15, 2023	Fri	Regular Season	@ West Genesee	6:00 PM		WG-HS Lower Gym	Departure Date: Nov 15, 2023 Departure Time: 4:30 PM	L
Dec 18, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 19, 2023	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Dec 20, 2023	Wed	Regular Season	@ Central Valley Academy	6:00 PM		CVA Main Gym	Departure Date: Dec 20, 2023 Departure Time: 4:00 PM	L
Dec 21, 2023	Thu	Practice	N/A	2:30 AM	5:00 PM	HP HS Wrestling Room		
Dec 23, 2023	Sat	Regular Season (2023 BALDWINSVILLE DUALS)	@ TBD	7:00 AM		Bville - Baker Gym 1&2	Departure Date: Dec 23, 2023 Departure Time: 6:00 AM	L
Dec 26, 2023	Tue	Regular Season (HP JV TOURNAMENT)	Little Falls	9:30 AM		HS Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 29, 2023	Fri	Regular Season (HAINES MEMORIAL TOURNAMENT)	@ Fulton	7:00 AM		Oswego State Laker Hall	<b>Departure Date:</b> Dec 28, 2023 <b>Departure Time:</b> 5:00 AM <b>Return Date:</b> Dec 30, 2023 <b>Return Time:</b> 5:00 PM	L
Jan 3, 2024	Wed	Regular Season	@ New Hartford	6:00 PM		Proctor High School	<b>Departure Date:</b> Jan 3, 2024 <b>Departure Time:</b> 4:30 PM	L
Jan 6, 2024	Sat	Regular Season (LEO J SAMMON MEMORIAL TOURNAMENT)	@ Central Valley Academy	7:00 AM		CVA Main Gym	Departure Date: Jan 6, 2024 Departure Time: 7:00 AM	L
Jan 9, 2024	Tue	Regular Season (SECION III DUAL MEET ROUND 1)	@ Central Valley Academy	5:00 PM		CVA Main Gym	Departure Date: Jan 9, 2024 Departure Time: 3:00 PM	L
Jan 11, 2024	Thu	Regular Season	Rome Free Academy	6:00 PM		HS Gym		L
Jan 13, 2024	Sat	Regular Season (BLUE DEVIL TOURNAMENT)	@ Camden	7:00 AM		Camden High School Main Gym	Departure Date: Jan 13, 2024 Departure Time: 6:00 AM	L
Jan 17, 2024	Wed	Regular Season	Vernon-Verona- Sherrill	6:00 PM		HS Gym		L
Jan 20, 2024	Sat	Regular Season (Dames and Devils Wrestling Tournament)	Niskayuna High School, Hadley- Luzerne (Coed), Maple Hill, Hoosick Falls, TBD, Christian Brothers Academy, Albany, Pawling, Cairo- Durham, Liberty, Fayetteville-Manlius, Tamarac, Watervliet @ Columbia High School	9:30 AM	6:00 PM	Columbia H.S.	<b>Departure Date:</b> Jan 20, 2024 <b>Departure Time:</b> 5:30 AM	NL
Jan 25, 2024	Thu	Regular Season	@ Mexico	6:00 PM		Mexico HS- Gymnasium	Departure Date: Jan 25, 2024 Departure Time: 3:30 PM	L
Jan 28, 2024	Sun	Practice	N/A	4:00 PM	6:00 PM	HP HS Wrestling Room		
Jan 29, 2024	Mon	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Jan 30, 2024	Tue	Practice	N/A	6:00 AM	7:00 AM	HP HS Wrestling Room		
Jan 30, 2024	Tue	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Jan 31, 2024	Wed	Practice	N/A	6:00 AM	7:00 AM	HP HS Wrestling Room		
Jan 31, 2024	Wed	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 1, 2024	Thu	Practice	N/A	6:00 AM	7:00 AM	HP HS Wrestling Room		
Feb 1, 2024	Thu	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room		
Feb 2, 2024	Fri	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room, HS Cafeteria		
Feb 3, 2024	Sat	Post-Season (Section III Class C Championships)	Adirondack, Altmar- Parish-Williamstown (APW/Pulaski), Cazenovia, General Brown, Hannibal, Lowville, Phoenix, Tully (Southern Hills) @ Canastota	10:00 AM		Dimao Gym		NL
Feb 4, 2024	Sun	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room, HS Cafeteria		
Feb 5, 2024	Mon	Practice	N/A	2:30 PM		HP HS Wrestling Room, HS Cafeteria		
Feb 6, 2024	Tue	Practice	N/A	6:00 AM	7:00 AM	HP HS Wrestling Room		
Feb 6, 2024	Tue	Practice	N/A	2:30 PM		HP HS Wrestling Room, HS Cafeteria		
Feb 7, 2024	Wed	Practice	N/A	6:00 AM	7:00 AM	HP HS Wrestling Room		
Feb 7, 2024	Wed	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room, HS Cafeteria		
Feb 8, 2024	Thu	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room, HS Cafeteria		
Feb 9, 2024	Fri	Practice	N/A	2:30 PM	5:00 PM	HP HS Wrestling Room, HS Cafeteria		
Feb 10, 2024	Sat	Regular Season (SECTION III CHAMPIONSHIPS)	TBD	TBD		SRC Arena	Departure Date: Feb 10, 2024 Departure Time: 6:00 AM	L
Feb 23, 2024	Fri	Regular Season (NEW YORK STATE CHAMPIONSHIPS)	TBD	TBD		TBD		L
Mar 30, 2024	Sat	Regular Season (Holland Patent Freestyle Festival)	Granville (Coed)	8:00 AM		HS Gym		NL

Date: 2024-05-15