

## Coaches:

- Kathy Green, Head Coach
- Kelly Nuccio

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 15, 2022	Tue	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 16, 2022	Wed	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 17, 2022	Thu	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 18, 2022	Fri	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 19, 2022	Sat	Practice	N/A	9:00 AM	12:00 PM	GWF Gym		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	6:00 PM	GWF Gym		
Nov 22, 2022	Tue	Scrimmage	Little Falls	4:30 PM		GWF Gym		NL
Nov 23, 2022	Wed	Practice	N/A	8:00 AM	11:00 AM	GWF Gym		
Nov 25, 2022	Fri	Practice	N/A	8:00 AM	11:00 AM	GWF Gym		
Nov 26, 2022	Sat	Practice	N/A	8:00 AM	11:00 AM	GWF Gym		
Nov 28, 2022	Mon	Regular Season	Utica Proctor	5:30 PM	6:30 PM	GWF Gym		L
Dec 5, 2022	Mon	Regular Season	@ Oneida	5:00 PM		Fariel Gym	Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM	L
Dec 8, 2022	Thu	Regular Season 1-2 L	Central Valley Academy	5:30 PM	6:30 PM	GWF Gym		L
Dec 12, 2022	Mon	Regular Season	@ New Hartford	6:30 PM		HS Gym	Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	L
Dec 14, 2022	Wed	Regular Season	Vernon-Verona-Sherrill	5:30 PM	6:30 PM	GWF Gym		L
Dec 17, 2022	Sat	Regular Season	@ Adirondack	11:00 AM		HS Gym	Departure Time: 9:00 AM Return Date: Return Time: 4:00 PM	NL
Dec 28, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	GWF Gym		
Dec 29, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	GWF Gym		
Jan 5, 2023	Thu	Regular Season	@ Whitesboro	5:30 PM		Whitesboro High School Gym	Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 10, 2023	Tue	Regular Season	@ Canastota	5:30 PM		Laidlaw Gym	Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM	NL
Jan 12, 2023	Thu	Regular Season	Oneida	5:30 PM	6:30 PM	GWF Gym		L
Jan 14, 2023	Sat	Regular Season	Adirondack	11:00 AM		GWF Gym		NL
POSTPONED Jan 17, 2023	Tue	Regular Season	Beaver River	5:30 PM		GWF Gym		NL
CANCELLED Jan 23, 2023	Mon	Regular Season	Rome Free Academy	5:00 PM		GWF Gym		L
Jan 26, 2023	Thu	Regular Season 0-2 L	Rome Free Academy	5:30 PM	6:30 PM	GWF Gym		L
POSTPONED Jan 27, 2023	Fri	Regular Season	East Syracuse Minoa	5:30 PM		GWF Gym		L
Jan 30, 2023	Mon	Regular Season	@ Vernon-Verona-Sherrill	6:00 PM	7:30 PM	VVS MS Gym	Departure Time: 4:45 PM Return Date: Return Time: 9:00 PM	L
Jan 31, 2023	Tue	Regular Season	Camden	5:30 PM	6:30 PM	GWF Gym		L
Feb 1, 2023	Wed	Regular Season 1-2 L	@ Central Valley Academy	5:30 PM		CVA Main Gym	Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Feb 2, 2023	Thu	Regular Season	@ Camden	6:00 PM		Camden High School Main Gym	Departure Time: 4:30 PM Return Date: Return Time: 9:30 PM	L
Feb 4, 2023	Sat	Regular Season	Chittenango, Cooperstown @ Mount Markham	9:00 AM		MS Big Gym	Departure Time: 7:15 AM Return Date: Return Time: 3:00 PM	L

Date: 2024-05-19