

Coaches:

• Ed Race, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 14, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 15, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 18, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 19, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 21, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 27, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 28, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Mar 29, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	HS Gym		
Apr 11, 2024	Thu	Regular Season	@ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)	Departure Date: Apr 11, 2024 Departure Time: 3:15 PM	L
CANCELLED Apr 13, 2024	Sat	Regular Season (South Jeff Invite)	Westhill, Camden, Jamesville-Dewitt, New Hartford, Sandy Creek, Watertown @ South Jefferson	10:00 AM		SJ Wilson Elem. Track	Departure Date: Apr 13, 2024 Departure Time: 8:30 AM	NL
Apr 17, 2024	Wed	Regular Season	Vernon-Verona- Sherrill @ Camden	4:30 PM		Camden High School Stadium	Departure Date: Apr 17, 2024 Departure Time: 3:15 PM	L
Apr 19, 2024	Fri	Regular Season (Cook DeStefano Invite)	@ Utica Proctor	4:00 PM	6:45 PM	PHS Stadium (Turf Field/Track)	Departure Date: Apr 19, 2024 Departure Time: 2:15 PM	L
Apr 26, 2024	Fri	Regular Season (Cahill Classic Invite)	@ Sauquoit Valley	3:00 PM	5:00 PM	Stadium Field	Departure Date: Apr 26, 2024 Departure Time: 2:00 PM	L
May 1, 2024	Wed	Regular Season	Central Valley Academy, Notre Dame, Utica	4:30 PM		HS Stadium / Track		L
May 4, 2024	Sat	Regular Season	@ Cooperstown	2:00 PM		Lambert Field	Departure Date: May 4, 2024 Departure Time: 12:00 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 6, 2024	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Notre Dame, Utica, Oneida, New Hartford, Utica Proctor, Whitesboro, Vernon- Verona-Sherrill @ Rome Free Academy	5:00 PM		Stadium Track and Field	Departure Date: May 6, 2024 Departure Time: 3:15 PM	L
May 8, 2024	Wed	Regular Season	Oneida	4:30 PM	6:45 PM	HS Stadium / Track		L
May 10, 2024	Fri	Regular Season (Oneida Invite)	@ Oneida	3:30 PM	5:30 PM	HS Track	Departure Date: May 10, 2024 Departure Time: 2:15 PM	L
May 14, 2024	Tue	Regular Season (TVL Invitational CO-ED)	Camden, Central Valley Academy, Notre Dame, Utica, New Hartford, Oneida, Rome Free Academy, Vernon-Verona- Sherrill, Whitesboro @ Utica Proctor	PM	6:45 PM	PHS Stadium (Turf Field/Track)	Departure Date: May 14, 2024 Departure Time: 3:00 PM	L
May 18, 2024	Sat	Regular Season (31st Annual Junkyard Relays)	Mount Markham, Solvay, Waterville, Canastota @ Clinton	10:00 AM		Stadium Field (Grass / Track & Field)	Departure Date: May 18, 2024 Departure Time: 8:00 AM	NL

Date: 2025-12-13