

## Coaches:

- Ed Race, Head Coach
- Robert Chmielewski, Asst Coach
- Josh Olney, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 26, 2023	Sun	Practice (SUNY Cortland Clinic)	N/A	9:30 AM		SUNY Cortland	Departure Time: 7:30 AM Return Date: Return Time: 5:00 PM	
Apr 6, 2023	Thu	Regular Season (TVL Relays Co-Ed )	Whitesboro, Central Valley Academy, Rome Free Academy, New Hartford, Utica Proctor, Vernon- Verona-Sherrill, Oneida, Notre Dame, Utica @ Camden	4:00 PM		Camden High School Stadium	Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Apr 19, 2023	Wed	Regular Season	@ New Hartford	4:00 PM		New Hartford HS Track	Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Apr 22, 2023	Sat	Regular Season (VVS Invite)	@ TBD	10:30 AM		Vernon Verona Sherrill High School	Departure Time: 9:15 AM Return Date: Return Time: 4:00 PM	NL
Apr 24, 2023	Mon	Regular Season (TVL Rookie Meet Co-ED)	Central Valley Academy, Rome Free Academy, Camden, New Hartford, Utica Proctor, Vernon- Verona-Sherrill, Oneida, Notre Dame, Utica @ Whitesboro	6:00 PM		Ed Wadas Complex High School	Departure Time: 4:15 PM Return Date: Return Time: 8:00 PM	L
Apr 26, 2023	Wed	Regular Season (League meet for Oneida vs VVS)	Notre Dame, Utica, Oneida @ Vernon- Verona-Sherrill	4:00 PM		Track	Departure Time: 2:45 PM Return Date: Return Time: 8:00 PM	L
Apr 29, 2023	Sat	Regular Season (Chittenango Invite)	@ TBD	1:00 PM		TBD	Departure Time: 11:00 AM Return Date: Return Time: 6:00 PM	NL
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium		NL
May 3, 2023	Wed	Regular Season	Notre Dame, Utica	4:30 PM		HS Stadium / Track		L
May 3, 2023	Wed	Regular Season	Central Valley Academy	4:30 PM	6:45 PM	HS Stadium / Track		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 5, 2023	Fri	Regular Season (Ed Wadas Track invitational)	Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish- Williamstown (APW Rebels), Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Vernon-Verona- Sherrill, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro			Ed Wadas Complex High School		NL
May 10, 2023	Wed	Regular Season	Notre Dame, Utica	4:30 PM		HS Stadium / Track		L
May 10, 2023	Wed	Regular Season	Camden	4:30 PM	6:45 PM	HS Stadium / Track		L
May 12, 2023	Fri	Regular Season (Oneida Invite)	@ TBD	3:45 PM		TBD	Departure Time: 2:30 PM Return Date: Return Time: 10:00 PM	NL
May 16, 2023	Tue	Regular Season (TVL League Meet)	Whitesboro, Central Valley Academy, Rome Free Academy, New Hartford, Utica Proctor, Vernon- Verona-Sherrill, Oneida, Notre Dame, Utica @ Camden	4:15 PM		Camden High School Stadium	Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
May 20, 2023	Sat	Regular Season (Clinton Junkyards)	@ TBD	10:00 AM		TBD	Departure Time: 8:30 AM Return Date: Return Time: 5:00 PM	NL
May 25, 2023	Thu	Post-Season (Class B2 Sectionals)	@ TBD	4:00 PM		Other	Departure Time: 2:30 PM Return Date: Return Time: 9:00 PM	NL
Jun 1, 2023	Thu	Post-Season (Sec 3 State Qualifiers)	@ TBD	4:00 PM		CNS High School	Departure Time: 2:30 PM Return Date: Return Time: 11:00 PM	NL

Date: 2024-12-12