

Coaches:

• Tim Hoffman, Head Coach

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END LOC	ATION	TRANSPORTATION	LEAGUE N/NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	7:00 AM	9:00 HS 5 AM / Tra			
Aug 19, 2025	Tue	Practice	N/A	7:00 AM	9:00 HS S AM / Tra			
Aug 20, 2025	Wed	Practice	N/A	7:00 AM	9:00 HS S AM / Tra	ck		
Aug 21, 2025	Thu	Practice	N/A	7:00 AM	9:00 HS S AM / Tra	ck		
Aug 22, 2025	Fri	Practice	N/A	7:00 AM	9:00 HS S AM / Tra	ck		
Aug 25, 2025	Mon	Practice	N/A	7:00 AM	9:00 HS S AM / Tra			
Aug 26, 2025	Tue	Practice	N/A	7:00 AM	9:00 HS S AM / Tra	ck		
Aug 27, 2025	Wed	Practice	N/A	7:00 AM	9:00 HS S AM / Tra			
Aug 28, 2025	Thu	Practice	N/A	7:00 AM	9:00 HS S AM / Tra			
Aug 29, 2025	Fri	Practice	N/A	8:00 AM	2:00 PM Othe	er		
Sep 6, 2025	Sat	Regular Season (Mustang Invitational)	Central Valley Academy, Remsen (Remsen), Utica Proctor, Camden, New Hartford, Westmoreland, Notre Dame, Utica, Waterville, Clinton, South Lewis, Jamesville-Dewitt, Cicero-North Syracuse, Weedsport, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Fabius-Pompey, Canastota, Vernon- Verona-Sherrill, Cazenovia, Whitesboro, DeRuyter, Hamilton, Baldwinsville, Indian River, Liverpool, Onondaga Central, Phoenix, West Genesee, Auburn, Central Square, Tully @ Mount Markham	8:00 AM	HS 1	Гrасk	Departure Time: 6:45 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2025	Sat	Regular Season (NH INVITATIONAL)	TBD, Adirondack, Central Valley Academy, DeRuyter, Edmeston (Edmeston/Morris), Herkimer, Mount Markham, Notre Dame, Utica, Poland, Sauquoit Valley, Vernon-Verona- Sherrill, Westmoreland, Whitesboro @ New Hartford	9:00 AM		Cross Country Course (Perry JH)		L
Sep 16, 2025	Tue	Regular Season	Utica Proctor, Notre Dame, Utica @ Camden	4:00 PM		Camden Cross Country Course		L
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Egypt Road Trail		
Sep 23, 2025	Tue	Regular Season (Senior Night)	Central Valley Academy @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park		L
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Other		
Sep 30, 2025	Tue	Regular Season	Vernon-Verona- Sherrill, New Hartford	4:00 PM		Holland Patent HS		L
Oct 1, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Wilderness Park		
Oct 4, 2025	Sat	Meet (Whitesboro Cross Country Invitational 2025)	Vs. Multiple	10:40 AM		Deerfield Town Wilderness Park		NL
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Other		
Oct 7, 2025	Tue	Regular Season	Oneida, Rome Free Academy	4:00 PM		Holland Patent HS		L
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Other		
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Potato Hill Farm		
Oct 25, 2025	Sat	Regular Season (TVL Invitational)	New Hartford, Vernon- Verona-Sherrill, Camden, Oneida, Utica Proctor, Whitesboro, Notre Dame, Utica, Rome Free Academy @ Central Valley Academy	9:00 AM		Diss Athletic Complex	Departure Time: 8:00 AM	L
Oct 30, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Delta Lake State Park		
Nov 1, 2025	Sat	Regular Season (Adirondack Invitational)	@ Adirondack	9:30 AM		Adirondack HS	Departure Time: 8:30 AM	L
Nov 6, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Other		

Date: 2025-12-05