

Coaches:

• Tim Hoffman, Head Coach

DATE	WEEK	TYPE	OPPONENTS	START		LOCATION	TRANSPORTATION	LEAGUE / NON-
	DAY			TIME	TIME			LEAGUE
Sep 9, 2023	Sat	Regular Season (New Hartford Invite)	@ TBD	9:00 AM		New Hartford High School	Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	L
Sep 11, 2023	Mon	Practice (Pixley Falls practice)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Sep 16, 2023	Sat	Regular Season (INVITATIONAL)	@ Fort Plain	9:00 AM	1:30 PM	Fort Plain HS	Departure Date: Sep 16, 2023 Departure Time: 7:00 AM	L
CANCELLED Sep 16, 2023	Sat	Regular Season (VVS Invite)	@ TBD	9:00 AM		Vernon Verona Sherrill High School	Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	L
Sep 19, 2023	Tue	Regular Season	New Hartford, Vernon- Verona-Sherrill	4:30 PM		Holland Patent HS		L
Sep 21, 2023	Thu	Practice (Egypt Road Practice)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Sep 23, 2023	Sat	Regular Season (Baldwinsville Invite)	@ TBD	9:00 AM	6:30 PM	Bville - Durgee Cross Country Trail	Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Sep 26, 2023	Tue	Regular Season	Notre Dame, Utica, Central Valley Academy @ Utica Proctor	4:30 PM		Proctor Park		L
Sep 28, 2023	Thu	Practice (Trenton Town Park)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Oct 3, 2023	Tue	Regular Season	Camden @ Oneida	4:00 PM		Cross Country Course	Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM	L
Oct 5, 2023	Thu	Practice (Wilderness Park)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Oct 7, 2023	Sat	Regular Season (Whitesboro Invite)	@ TBD	9:10 AM		Wilderness Park	Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	L
Oct 10, 2023	Tue	Regular Season	Whitesboro, Rome Free Academy	4:30 PM		Holland Patent HS		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 12, 2023	Thu	Practice (Oriskany Trail)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Oct 14, 2023	Sat	Regular Season (Alden Bulldog Stampede)	@ Alden	8:00 AM		TBD	Departure Date: Oct 13, 2023 Departure Time: 5:00 PM Return Date: Oct 14, 2023 Return Time: 5:00 PM	L
Oct 19, 2023	Thu	Practice (Pixley Falls)	N/A	3:00 PM	5:00 PM	TBD	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Oneida, Rome Free Academy, Vernon-Verona- Sherrill, Utica Proctor	11:40 AM	4:00 PM	HS Stadium / Track		L
Oct 26, 2023	Thu	Practice (Trenton Greenbelt)	N/A	3:00 PM	5:00 PM	Trenton Green Belt Trails	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Oct 28, 2023	Sat	Regular Season (Adirondack Invite)	@ Adirondack	11:00 AM		Adirondack HS	Departure Date: Oct 28, 2023 Departure Time: 9:30 AM Return Date: Return Time: 2:00 PM	L
Nov 2, 2023	Thu	Practice (Delta Lake State Park)	N/A	3:00 PM	5:00 PM	Delta Lake State Park	Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	@ Vernon-Verona- Sherrill	9:00 AM	12:00 PM	Cross Country Course	Departure Date: Nov 4, 2023 Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	NL

Date: 2025-12-05