

Coaches:

- Tim Hoffman, Head Coach
- Rebecca Dietrick, Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---------------------------------------------|--------------------------------------------------------------------|---------------|-------------|---------------------------------------------|-----------------------------------------------------------------------|----------------------------|
| Sep 9, 2023 | Sat | Regular Season (New Hartford Invite) | @ TBD | 9:00 AM | | New Hartford High School | Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM | L |
| Sep 11, 2023 | Mon | Practice (Pixley Falls practice) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Sep 16, 2023 | Sat | Regular Season (INVITATIONAL) | @ Fort Plain | 9:00 AM | 1:30 PM | Fort Plain HS | Departure Date: Sep 16, 2023 Departure Time: 7:00 AM | L |
| CANCELLED Sep 16, 2023 | Sat | Regular Season (VVS Invite) | @ TBD | 9:00 AM | | Vernon Verona Sherrill High School | Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM | L |
| Sep 19, 2023 | Tue | Regular Season | New Hartford, Vernon- Verona-Sherrill | 4:30 PM | | Holland Patent HS | | L |
| Sep 21, 2023 | Thu | Practice (Egypt Road Practice) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Sep 23, 2023 | Sat | Regular Season (Baldwinsville Invite) | @ TBD | 9:00 AM | 6:30 PM | Bville - Durgee Cross Country Trail | Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM | L |
| Sep 26, 2023 | Tue | Regular Season | Notre Dame, Utica, Central Valley Academy @ Utica Proctor | 4:30 PM | | Proctor Park | | L |
| Sep 28, 2023 | Thu | Practice (Trenton Town Park) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Oct 3, 2023 | Tue | Regular Season | Camden @ Oneida | 4:00 PM | | Cross Country Course | Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM | L |
| Oct 5, 2023 | Thu | Practice (Wilderness Park) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Oct 7, 2023 | Sat | Regular Season (Whitesboro Invite) | @ TBD | 9:10 AM | | Wilderness Park | Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM | L |
| Oct 10, 2023 | Tue | Regular Season | Whitesboro, Rome Free Academy | 4:30 PM | | Holland Patent HS | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------|-------------|---------------------------------|----------------------------------------------------------------------------------------------------------|----------------------------|
| Oct 12, 2023 | Thu | Practice (Oriskany Trail) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Oct 14, 2023 | Sat | Regular Season (Alden Bulldog Stampede) | @ Alden | 8:00 AM | | TBD | Departure Date: Oct 13, 2023 Departure Time: 5:00 PM Return Date: Oct 14, 2023 Return Time: 5:00 PM | L |
| Oct 19, 2023 | Thu | Practice (Pixley Falls) | N/A | 3:00 PM | 5:00 PM | TBD | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Oct 21, 2023 | Sat | Regular Season (TVL League Championship) | Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Oneida, Rome Free Academy, Vernon-Verona- Sherrill, Utica Proctor | 11:40 AM | 4:00 PM | HS Stadium / Track | | L |
| Oct 26, 2023 | Thu | Practice (Trenton Greenbelt) | N/A | 3:00 PM | 5:00 PM | Trenton Green Belt Trails | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Oct 28, 2023 | Sat | Regular Season (Adirondack Invite) | @ Adirondack | 11:00 AM | | Adirondack HS | Departure Date: Oct 28, 2023 Departure Time: 9:30 AM Return Date: Return Time: 2:00 PM | L |
| Nov 2, 2023 | Thu | Practice (Delta Lake State Park) | N/A | 3:00 PM | 5:00 PM | Delta Lake State Park | Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM | |
| Nov 4, 2023 | Sat | Regular Season (Section 3 finals) | @ Vernon-Verona- Sherrill | 9:00 AM | 12:00 PM | Cross Country Course | Departure Date: Nov 4, 2023 Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM | NL |

Date: 2024-04-17