

Coaches:

• Marc Verri, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 20, 2022	Tue	Regular Season	Whitesboro, Camden, Vernon-Verona- Sherrill	4:00 PM	HS Stadium / Track		L
Sep 24, 2022	Sat	Regular Season (EJ Herman Meet)	@ TBD	9:00 AM	TBD	Departure Time: 8:00 AM Return Date: Return Time: 11:00 AM	L
Sep 27, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Notre Dame, Utica, Vernon-Verona- Sherrill @ Central Valley Academy	4:00 PM	Diss Athletic Complex	Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Oct 5, 2022	Wed	Regular Season (*Note VVS/Holland Patent will be Non League)	New Hartford, Rome Free Academy @ Vernon-Verona- Sherrill	4:00 PM	Cross Country Course	Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Oct 11, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Utica Proctor (JFK/DMS), Vernon- Verona-Sherrill @ Oneida	4:00 PM	Cross Country Course	Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Notre Dame, Utica, Oneida, Utica Proctor (JFK/DMS), Rome Free Academy, Vernon-Verona- Sherrill, Central Valley Academy @ New Hartford		Cross Country Course (Perry JH)	Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM	L

Date: 2025-12-19