

Coaches:

• Lynda Bulson, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 15, 2022	Tue	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 16, 2022	Wed	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 17, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 18, 2022	Fri	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 19, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Nov 21, 2022	Mon	Practice	N/A	5:00 PM	7:00 PM	HS Gym		
Nov 22, 2022	Tue	Scrimmage	@ West Canada Valley	5:00 PM		WCV HS Gym	Departure Time: 3:30 PM Return Date: Return Time: 9:00 PM	NL
Nov 26, 2022	Sat	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Nov 29, 2022	Tue	Regular Season 40-35 W	Cazenovia	5:30 PM		HS Gym		NL
Dec 9, 2022	Fri	Regular Season	Rome Free Academy	5:30 PM		HS Gym		L
Dec 13, 2022	Tue	Regular Season	TBD	5:30 PM		HS Gym		L
Dec 22, 2022	Thu	Regular Season	@ Cazenovia	5:30 PM		Cazenovia HS Buckley Gym	Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	L
Dec 29, 2022	Thu	Regular Season	Camden	12:00 PM		HS Gym		NL
Jan 4, 2023	Wed	Regular Season 21-33 L	@ Utica Proctor	5:30 PM	8:45 PM	PHS Main Gym	Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	NL
Jan 7, 2023	Sat	Regular Season	@ Camden	1:00 PM		Camden High School Main Gym	Departure Time: 11:00 AM Return Date: Return Time: 4:30 PM	L
Jan 10, 2023	Tue	Regular Season 46-38 W	Central Valley Academy	5:30 PM		HS Gym		L
Jan 13, 2023	Fri	Regular Season	@ New Hartford	5:30 PM		New Hartford HS Gym	Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Jan 17, 2023	Tue	Regular Season	Utica Proctor	6:30 PM		HS Gym		L

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Jan 21, 2023	Sat	Regular Season	@ Oneida	10:30 AM		Fariel Gym	Departure Time: 9:15 AM Return Date: Return Time: 12:00 PM	L
Jan 23, 2023	Mon	Regular Season	@ Vernon- Verona-Sherrill	4:30 PM	6:00 PM	VVS Main Gym (The Pit)	Departure Time: 3:00 PM Return Date: Return Time: 6:30 PM	L
Jan 27, 2023	Fri	Regular Season 39-32 W	@ Whitesboro	5:30 PM	7:15 PM	Whitesboro High School Gym	Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Jan 28, 2023	Sat	Regular Season	Skaneateles	10:00 AM		HS Gym		NL
Jan 31, 2023	Tue	Regular Season	Camden	5:00 PM		HS Gym		L
Feb 4, 2023	Sat	Regular Season (Non-League)	@ Westhill	11:00 AM		Westhill HS Gymnasium	Departure Time: 9:30 AM Return Date: Return Time: 4:00 PM	NL
Feb 7, 2023	Tue	Regular Season	Oneida	5:30 PM		HS Gym		L
Feb 9, 2023	Thu	Regular Season	@ Notre Dame, Utica	5:00 PM		Michael Walsh Gymnasium	Departure Time: 4:00 PM Return Date: Return Time: 7:00 PM	L
Feb 10, 2023	Fri	Regular Season	@ Central Valley Academy	5:30 PM		CVA Main Gym	Departure Time: 3:45 PM Return Date: Return Time: 9:00 PM	L
Feb 14, 2023	Tue	Regular Season	Notre Dame, Utica	5:30 PM		HS Gym		L

Date: 2025-12-23