



Mechanicville

(B) V Cross Country

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|--|---|----------------|---------------------|
| Sep 10, 2019 | Tue | Regular Season (Race) | Hoosic Valley @ Stillwater | 4:15 PM | | Stillwater HS | Departure Time: 3:00 PM | | L |
| Sep 14, 2019 | Sat | Regular Season (Tournament) | @ Queensbury | 9:00 AM | | Queensbury HS, Trails @ Elem. School | Departure Time: 7:15 AM | | L |
| Sep 17, 2019 | Tue | Regular Season | Waldorf School of Saratoga Springs @ Hoosick Falls | 4:15 PM | | TBD | Departure Time: 2:30 PM | | L |
| Sep 24, 2019 | Tue | Regular Season | Saratoga Central Catholic @ Emma Willard | 4:15 PM | | Emma Willard School | Departure Time: 3:00 PM | | L |
| Sep 28, 2019 | Sat | Regular Season | @ Galway | 8:30 AM | 11:00 AM | Bob's Trees | Departure Time: 6:45 AM | | NL |
| Oct 1, 2019 | Tue | Regular Season | Saratoga Central Catholic, Waldorf School of Saratoga Springs @ Berlin | 4:15 PM | | Berlin HS | Departure Time: 2:30 PM | | L |
| Oct 5, 2019 | Sat | Regular Season | @ Schenectady High School | 9:00 AM | | Cross Country Field | Departure Time: 6:45 AM | | NL |
| Oct 15, 2019 | Tue | Meet (Adirondack / Wasaren League Crossover Meet) | Vs. Multiple | 4:00 PM | | Lake George Elementary School - #12 Cross Country Trails | Class Dismissal: 2:00 PM Departure Time: 2:00 PM | | NL |
| Oct 18, 2019 | Fri | Regular Season (Greenwich Cross Country Invitational) | @ Greenwich | 4:15 PM | | Saratoga Spa State Park | | | NL |
| Oct 22, 2019 | Tue | Meet (Wasaren League Championship) | Vs. Multiple | 2:30 PM | | TBD | Departure Time: 1:00 PM | | NL |
| Nov 4, 2019 | Mon | Regular Season (Sectionals) | TBD @ TBD | 12:00 PM | | Saratoga Spa State Park | Departure Time: 10:30 AM | | NL |

Date: 2026-04-10