



Mechanicville

(G) MODIFIED Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season (Race)	@ Stillwater	4:15 PM		Stillwater HS	Departure Time: 3:00 PM	L
Sep 17, 2019	Tue	Regular Season	Waldorf School of Saratoga Springs @ TBD	4:15 PM		TBD	Departure Time: 2:30 PM	L
Sep 24, 2019	Tue	Regular Season	TBD @ Emma Willard	4:15 PM		TBD	Departure Time: 3:00 PM	L
Sep 24, 2019	Tue	Regular Season	TBD	TBD		TBD		L
Sep 28, 2019	Sat	Regular Season	@ TBD	TBD		TBD	Departure Time: 6:45 AM	L
Oct 1, 2019	Tue	Regular Season	Waldorf School of Saratoga Springs, TBD @ Berlin	4:15 PM		Berlin HS	Departure Time: 2:30 PM	L
Oct 5, 2019	Sat	Regular Season	@ TBD	9:00 AM		Cross Country Field	Departure Time: 6:45 AM	NL
Oct 8, 2019	Tue	Regular Season	Greenwich, Tamarac @ TBD	4:00 PM		Grafton State Park	Departure Time: 3:00 PM	L
Oct 15, 2019	Tue	Meet (Adirondack / Wasaren League Crossover Meet)	Vs. Multiple	4:00 PM		Lake George Elementary School - #12 Cross Country Trails		NL
Oct 18, 2019	Fri	Regular Season	@ Greenwich	4:00 PM		Saratoga Spa State Park	Departure Time: 2:45 PM	NL
Oct 22, 2019	Tue	Meet (Wasaren League Championship)	Vs. Multiple	2:30 PM		TBD	Departure Time: 1:00 PM	NL

Date: 2025-12-14