

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 30, 2025	Sun	Scrimmage	Albany High School	5:30 PM	7:00 PM	Albany Academies		NL
Dec 1, 2025	Mon	Scrimmage	@ Shenendehowa High School	5:15 PM	6:45 PM	Shen High School East Gym 1 (Main)		NL
Dec 20, 2025	Sat	Regular Season (#ForeverFrenzy Coaches vs. Cancer Event)	Averill Park High School	11:30 AM	12:55 PM	Siena College		NL
Jan 27, 2026	Tue	Regular Season	Shaker High School	6:30 PM		Albany Academies		NL

Date: 2025-12-05