

Herkimer

(G) 7/8TH Cross Country

Coaches:

- Scott Clarke
- Sarah Beardsley

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2022	Wed	Regular Season	Waterville, Sauquoit Valley @ New York Mills	4:30 AM		N Y Mills J/S HS	Departure Time: 3:00 PM	L
Sep 20, 2022	Tue	Regular Season	West Canada Valley, Mount Markham, Oriskany @ Poland	TBD		TBD	Departure Time: 3:00 PM	L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country Invitational)	Notre Dame, Utica, Corcoran (Syracuse West), Rome Free Academy, Oneonta, Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Liverpool, Cooperstown (Modified), Central Valley Academy, Oriskany, West Canada Valley, Mount Markham, Henninger, Utica Proctor (JFK/DMS), South Lewis, Oneida, Central Square, Remsen @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park		NL
Oct 5, 2022	Wed	Regular Season	Dolgeville, Little Falls, Owen D. Young (Richfield/ODY) @ Remsen	4:30 PM		Remsen Jr/Sr H.S.	Departure Time: 3:00 PM	L
Oct 12, 2022	Wed	Regular Season	Westmoreland, Adirondack, Sherburne-Earlville, Hamilton	4:30 PM		Herkimer County CC		L
Oct 22, 2022	Sat	Regular Season	Westmoreland, Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Waterville, Sauquoit Valley, West Canada Valley, Remsen, Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Cooperstown (Modified)	11:00 AM		Herkimer County CC	Departure Time: 9:15 AM	L

Date: 2025-12-18