



# Troy

## (B) V Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2023	Fri	Scrimmage	@ Lansingburgh	9:00 AM		Lansingburgh High School			NL
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Shenendehowa High School, Albany High School, Queensbury @ Niskayuna High School	9:00 AM		Iroquois Middle School			NL
Sep 5, 2023	Tue	Regular Season	Colonie High School, Albany High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 2:45 PM	L
Sep 12, 2023	Tue	Regular Season	Averill Park High School, Shaker High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 2:45 PM	L
Sep 16, 2023	Sat	Regular Season (Tartan Invitational)	@ Scotia-Glenville	9:30 AM		Indian Meadows	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 7:00 AM	NL
Sep 19, 2023	Tue	Regular Season	Christian Brothers Academy, Albany @ Shenendehowa High School	4:15 PM	5:55 PM	Shen Cross Country Trail	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 2:30 PM	L

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Sep 23, 2023	Sat	Regular Season (Cross Country Invy)	Colonie High School, Amsterdam, Schenectady High School, Schuylerville, Rensselaer, Monroe- Woodbury, Adirondack, Bethlehem High School, Saratoga Springs High School, Ballston Spa High School, Minisink Valley, Hadley-Luzerne (Corinth/Hadley Luzerne), Shaker High School, Glens Falls, Chittenango, Greenville, Shenendehowa High School, Albany High School, Maple Hill, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School			NL
Oct 3, 2023	Tue	Regular Season	Niskayuna High School, Saratoga Springs High School @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 2:45 PM	L
Oct 10, 2023	Tue	Regular Season	Schenectady High School, Ballston Spa High School @ Burnt Hills- Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 2:30 PM	L
Oct 14, 2023	Sat	Regular Season (Invitational)	@ TBD	9:00 AM		Saratoga Spa State Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School	NL
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invy)	Colonie High School, Granville (Granville- Whitehall- Hartford), Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Albany High School, Greenville, Queensbury, Scotia-Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park			NL
Oct 20, 2023	Fri	Regular Season (Rensselaer County Meet)	@ TBD	TBD		TBD	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park	<b>Bus/Driver:</b> Durham School Services	<b>Departure Point:</b> Behind High School <b>Departure Time:</b> 11:00 AM	NL

Date: 2025-12-13