



Troy

(G) V Cross Country

Coaches:

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|--|---|--|---------------------|
| Sep 1, 2023 | Fri | Scrimmage | @ Lansingburgh | 9:00 AM | | Lansingburgh High School | | | NL |
| Sep 2, 2023 | Sat | Regular Season | @ Niskayuna High School | 9:30 AM | | Iroquois Middle School | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 7:30 AM | NL |
| Sep 5, 2023 | Tue | Regular Season | Colonie High School, Albany High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 2:45 PM | L |
| Sep 12, 2023 | Tue | Regular Season | Averill Park High School, Shaker High School @ Guilderland High School | 4:15 PM | 5:55 PM | Tawasentha Park | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 2:45 PM | L |
| Sep 16, 2023 | Sat | Regular Season (Tartan Invitational) | @ Scotia-Glenville | 9:30 AM | | Indian Meadows | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 7:00 AM | NL |
| Sep 19, 2023 | Tue | Regular Season | @ Shenendehowa High School | 4:15 PM | 5:55 PM | Shen Cross Country Trail | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 2:30 PM | L |
| Sep 23, 2023 | Sat | Regular Season (Queensbury invitational) | Amsterdam, Schenectady High School, Schuylerville, Hadley-Luzerne (Corinth/Hadley Luzerne), Glens Falls, Shaker High School, Greenville, Ballston Spa High School, Chittenango, Shenendehowa High School, Maple Hill, Albany High School, Scotia-Glenville @ Queensbury | 9:00 AM | | Queensbury HS, Trails @ Elem. School | | | L |
| Oct 3, 2023 | Tue | Regular Season | Niskayuna High School, Saratoga Springs High School @ Columbia High School | 4:15 PM | 5:55 PM | Cross Country B&G - Schodack Island State Park | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 2:45 PM | L |
| Oct 10, 2023 | Tue | Regular Season | Schenectady High School, Ballston Spa High School @ Burnt Hills-Ballston Lake HS | 4:15 PM | 5:55 PM | Saratoga Spa State Park | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 2:30 PM | L |

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|--------------|----------|---|--|------------|----------|-------------------------|------------------------------------|---|---------------------|
| Oct 14, 2023 | Sat | Regular Season (Burnt Hills Invitational) | Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall-Hartford), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Albany High School, Scotia-Glenville, Greenville, Queensbury, Glens Falls @ Burnt Hills-Ballston Lake HS | 8:00 AM | | Saratoga Spa State Park | | | NL |
| Oct 20, 2023 | Fri | Regular Season (Rensselaer County Meet) | @ TBD | TBD | | TBD | Bus/Driver: Durham School Services | Departure Point: Behind High School | NL |
| Oct 28, 2023 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:00 PM | 3:55 PM | Saratoga Spa State Park | Bus/Driver: Durham School Services | Departure Point: Behind High School Departure Time: 11:00 AM | NL |

Date: 2024-05-02