Coaches:





DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 26, 2022	Sat	Scrimmage	@ Troy	1:30 PM		High School	Departure Point: SHS Departure Time: 12:30 PM	NL
Dec 6, 2022	Tue	Regular Season 30-47 L	Saratoga Springs High School	4:15 PM	5:30 PM	Mont Pleasant Middle School Main Gym		L
Dec 9, 2022	Fri	Regular Season	Christian Brothers Academy, Albany	4:15 PM	5:30 PM	Pat Riley Sports Center- Intramural Gym		L
Dec 13, 2022	Tue	Regular Season	Guilderland High School	4:15 PM	5:30 PM	Pat Riley Sports Center- Intramural Gym		L
Dec 20, 2022	Tue	Regular Season	@ Shenendehowa High School	4:00 PM	5:30 PM	Shen High School East Gym 1 (Main)	Departure Point: SHS Departure Time: 3:00 PM	L
Dec 22, 2022	Thu	Regular Season	@ Bethlehem High School	4:15 PM	5:30 PM	High School Gym B	Departure Point: SHS Departure Time: 3:00 PM	L
Jan 10, 2023	Tue	Regular Season	@ Ballston Spa High School	4:00 PM	5:30 PM	Ballston Spa High School Gym	Departure Point: SHS Departure Time: 2:45 PM	L
Jan 13, 2023	Fri	Regular Season	Colonie High School	4:15 PM	5:30 PM	Pat Riley Sports Center- Intramural Gym		L
Jan 17, 2023	Tue	Regular Season	Troy	4:15 PM	5:30 PM	Pat Riley Sports Center- Intramural Gym		L
Jan 18, 2023	Wed	Regular Season	Columbia High School	4:15 PM		Pat Riley Sports Center- Intramural Gym		NL
Jan 24, 2023	Tue	Regular Season	@ Guilderland High School	4:00 PM	5:25 PM	Guilderland High School West (Big) Gym	Departure Point: SHS Departure Time: 2:45 PM	NL
Jan 27, 2023	Fri	Regular Season 61-65 L	@ Albany High School	5:30 PM	6:55 PM	Albany High School Gym A	Departure Point: SHS Departure Time: 4:15 PM	L
Jan 31, 2023	Tue	Regular Season	@ Niskayuna High School	4:15 PM	5:30 PM	Niskayuna High School	Departure Point: SHS Departure Time: 3:00 PM	L
Feb 3, 2023	Fri	Regular Season	LaSalle Institute	4:15 PM		Pat Riley Sports Center- Intramural Gym		NL
Feb 7, 2023	Tue	Regular Season	@ Shaker High School	4:15 PM	5:30 PM	Shaker Middle School- new gym	Departure Point: SHS Departure Time: 3:00 PM	L
Feb 9, 2023	Thu	Regular Season	LaSalle Institute	4:30 PM		Pat Riley Sports Center- Main Gym		NL

DATE	WEE DAY	K TYPE	OPPONENTS	STAR [*] TIME	T END TIME LOCATION	LEAGUE / TRANSPORTATION NON- LEAGUE
Feb 10, 2023	Fri	Regular Season	@ Columbia High School	4:00 PM	5:30 PM Columbia H.S.	Departure Point: SHS Departure Time: L 3:00 PM

Date: 2025-12-20