

DATE	WEEK DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 22, 2021	Wed	Regular Season	Saratoga Springs High School @ Averill Park High School	4:15 PM	5:55 PM	APHS Cross Country Course	Departure Point: OMS-CPMS- MPMS Departure Time: 2:30 PM	L
Sep 25, 2021	Sat	Regular Season	Guilderland High School, Albany High School	9:00 AM	10:15 AM	Central Park		L
Sep 29, 2021	Wed	Regular Season	Ballston Spa High School	4:15 PM	5:55 PM	Central Park	Departure Point: MPMS-OMS Departure Time: 2:45 PM	L
Oct 2, 2021	Sat	Regular Season (Grout Run Invitational)	Shaker High School	9:00 AM		Central Park		L
Oct 6, 2021	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Shenendehowa High School @ Niskayuna High School (Modified)	4:15 PM	5:55 PM	Iroquois Middle School	Departure Point: OMS-CPMS- MPMS Departure Time: 2:30 PM	L
Oct 9, 2021	Sat	Regular Season (Manhattan College Invitational)	@ TBD	9:00 AM		Manhattan College	Departure Point: SHS Departure Time: 5:00 AM	L
Oct 13, 2021	Wed	Regular Season	Shaker High School, Colonie High School @ Bethlehem High School	5:00 PM	5:55 PM	Elm Avenue Park	Departure Point: MPMS-OMS Departure Time: 3:30 PM	L
Oct 16, 2021	Sat	Regular Season (Burnt Hills Invy)	South Glens Falls, Queensbury, Ballston Spa High School, Saratoga Springs High School, Shaker High School, TBD @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: SHS Departure Time: 7:15 AM	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park	Departure Point: SHS Departure Time: 11:00 AM	NL

Date: 2024-05-20