



# Schenectady High School

## (G) V Outdoor Track (Girls Varsity Track)

### Coaches:

- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Ed Menis, Asst Coach
- Verrol Jackson, Asst Coach
- Richard DeCarr, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	@ Niskayuna High School	4:15 PM	6:55 PM	NHS Track	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	L
Apr 11, 2025	Fri	Regular Season	Colonie High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Niskayuna High School	4:30 PM	8:00 PM	NHS Track		L
POSTPONED Apr 12, 2025	Sat	Regular Season (Niskayuna Invitational )	Albany High School, Colonie High School, Amsterdam, Ballston Spa High School, Watervliet, Burnt Hills-Ballston Lake HS @ Niskayuna High School	10:00 AM	3:00 PM	NHS Track		L
Apr 22, 2025	Tue	Regular Season	@ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	L
Apr 26, 2025	Sat	Regular Season	@ Cohoes	TBD		Cohoes HS	<b>Departure Point:</b> SHS <b>Departure Time:</b> 8:00 AM	L
Apr 29, 2025	Tue	Regular Season	Albany High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 2, 2025	Fri	Regular Season	@ Watervliet	4:30 PM		Jim Hayes Cannoneer Field	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	NL
May 3, 2025	Sat	Regular Season (Colonie Relays)	Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Cooperstown, Academy of Holy Names, Burnt Hills-Ballston Lake HS, Shaker High School @ Colonie High School	TBD		Colonie High Track		L
May 7, 2025	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	<b>Departure Point:</b> SHS <b>Departure Time:</b> 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2025	Fri	Regular Season (Shen Invy)	Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Departure Point: SHS Departure Time: 2:30 PM	L
May 9, 2025	Fri	Regular Season	@ Mohonasen	4:30 PM		Mohonasen HS	Departure Point: SHS Departure Time: 3:00 PM	NL
May 13, 2025	Tue	Regular Season	Shenendehowa High School, Colonie High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Shenendehowa High School, Ballston Spa High School, Shaker High School, Burnt Hills-Ballston Lake HS	8:00 AM		Schenectady High School Track & Field		NL
May 20, 2025	Tue	Meet (SSC Championships)	Vs. Multiple	3:30 PM	7:55 PM	APHS Track	Departure Point: SHS Departure Time: 2:30 PM	NL

Date: 2025-12-05