



Schenectady High School

(G) V Outdoor Track (Girls Varsity Track)

Coaches:

- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Ed Menis, Asst Coach
- Verrol Jackson, Asst Coach
- Richard DeCarr, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 4, 2023	Tue	Regular Season	Shenendehowa High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
Apr 8, 2023	Sat	Regular Season (LaSalle Invitational)	@ LaSalle Institute	9:00 AM		LaSalle Institute HS	Departure Point: SHS Departure Time: 7:30 AM	L
Apr 19, 2023	Wed	Regular Season	@ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.		L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challenge)	Guilderland High School, Colonie High School, Burnt Hills-Ballston Lake HS, Averill Park High School @ Niskayuna High School	4:30 PM		Mohonasen High School		NL
Apr 22, 2023	Sat	Regular Season (Warrior Track Classic)	Amsterdam, Colonie High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Niskayuna High School	9:15 AM		Mohonasen High School		NL
Apr 26, 2023	Wed	Regular Season	Ballston Spa High School, Albany High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
Apr 29, 2023	Sat	Regular Season (Cohoes Relays)	@ Cohoes	9:00 AM		Cohoes HS	Departure Point: SHS Departure Time: 8:00 AM	L
May 3, 2023	Wed	Regular Season	@ Troy	4:15 PM	6:55 PM	Track		L
May 5, 2023	Fri	Regular Season (Track Invitational)	@ Fonda-Fultonville	4:00 PM		Fonda-Fultonville HS	Departure Point: SHS Departure Time: 2:00 PM	L
May 9, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Averill Park High School	4:15 PM	6:55 PM	APHS Track		L
May 12, 2023	Fri	Regular Season (SHEN INVY)	Guilderland High School, Colonie High School, Shaker High School, Burnt Hills-Ballston Lake HS, Albany High School, Niskayuna High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)		L
May 12, 2023	Fri	Regular Season (Futures Invitational)	@ Mohonasen	4:00 PM		TBD	Departure Point: SHS	L
May 17, 2023	Wed	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	APHS Track		NL
May 18, 2023	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:00 PM	7:55 PM	GHS Track		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 20, 2023	Sat	Regular Season (Eddy Meet)	Guilderland High School, Shenendehowa High School, Niskayuna High School	9:00 AM		Larry Mulvaney Field		L
May 24, 2023	Wed	Regular Season (Sectionals)	TBD	4:00 PM		TBD	Departure Point: SHS Departure Time: 2:00 PM	L

Date: 2025-12-06